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# A Guide to Services

for the People of North Carolina



# **A Guide to Services**

## **for the People of North Carolina**

SECOND EDITION

COMPILED BY  
JANE GODWIN and DAVID BUCHDAHL  
STATE GOVERNMENT INTERNS  
STATE DEPARTMENT OF PUBLIC WELFARE

RALEIGH, NORTH CAROLINA

A Guide to Services  
for the People of North Carolina

STATE DEPARTMENT OF PUBLIC WELFARE  
Post Office Box 2599  
Raleigh, North Carolina 27602

## FOREWORD

The first "Guide to Services for the People of North Carolina" was compiled during the summer of 1964 by James Elmer Gill, Linda Orr, Charles Elkins, and John R. Taylor, State Government Interns with the Department of Public Welfare. The Guide found wide and varied use by State workers, community leaders, researchers, and other citizens in the State. Because of its initial success and the continuing demand for more copies, a decision was made to revise it in order to assure its usefulness as programs change and agencies expand their services. Our assignment, as 1967 interns in the Department of Public Welfare, was to undertake this task.

Title XVIII of the Social Security Act — medicare — and the various programs established by the Economic Opportunity Act, both of which significantly increased available services for people in the State, are the main additions made in this revision. Although both are Federal programs, their far-reaching effects are so important that they demand mention here. While the Office of Economic Opportunity programs are directed particularly toward the culturally and economically deprived, medicare is available to all citizens of retirement age. Also included in this edition is an agency index which lists the various services according to the administering agency or department.

Our work on the Guide has been interesting and informative. If it finds as much use as the prior edition and helps some people to help others, our efforts will have been worthwhile. We want to express our appreciation to all the people in the State and Federal agencies who were patient enough to give us their time and assistance in revising the material presented here and to Col. Clifton M. Craig, Commissioner of Public Welfare, for his interest and encouragement. We extend a special note of thanks to Mrs. Tom Grier, Special Assistant to the Commissioner of Public Welfare, who, as our advisor, provided invaluable assistance to us in our work.

Jane Godwin  
David Buchdahl  
August 1967

NB In spite of the August 1967 date of compilation, publication of the Guide was delayed. Therefore, the information regarding Social Security is current through the 1967 Amendments to the Social Security Act.

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## I. SERVICES TO CHILDREN

### ADOPTION AND CHILD CARE SERVICES

#### Adoption Services

**Service:** This program gives children in need of adoption a home and gives responsible applicants an opportunity to adopt a child. Children from infancy through adolescence are placed throughout the State.

Plans for separating a child under six months of age from the mother when the placement is with a non-relative must, by statute, be approved by a county department of public welfare or a licensed private child-placing agency.

**Eligibility:** Children whose own parents for various reasons cannot care for them and whose parents' rights are terminated or relinquished are eligible for adoption. Their parents may be unmarried, divorced, deserted, indifferent, physically or mentally disabled, or they may lack a real feeling of responsibility for the child.

The adoptive applicants must have satisfactory family relationships, social relationships, and work adjustments. They must be emotionally mature, in good physical health, and able to maintain an adequate intellectual environment and a desirable standard of living. Local county welfare departments and licensed child-placing agencies set flexible policies relating to such requirements as religion and income. Adoptive parents come from many walks of life, many social and economic levels, and both rural and urban communities.

**Contact:** Licensed Child-Placing Agencies, County Department of Public Welfare

#### Children's Placement In Private Child Caring Institutions

**Service:** Where group care seems appropriate for children, they may be placed in a private child caring institution. Application is made directly to the institution by the parent, guardian, or the department of public welfare having authority to place the child. The payment of a child's board when required is usually arranged by the person or agency arranging the placement. If the department of public welfare arranges the placement, the agency offers continuing services to the child while he is in the institution, arranging for special needs, vacations and continuing contacts with the local community and relatives.

**Eligibility:** Children between the ages of six and 18 are usually accepted for institutional care if such plan meets their needs as determined through a pre-admission study.

**Contact:** County Department of Public Welfare (for assistance in making application)

## **2 SERVICES TO CHILDREN**

### **Day Care**

**Service:** The Day Care Purchase Program, available in a limited number of counties, provides purchased child care at licensed day care centers and day care homes. Either partial or total financial assistance is offered according to family income. A creative program is offered to meet the physical, mental, emotional, and developmental needs of the pre-school child. Some centers have facilities and programs for the school-aged child. Day care centers designed specifically for the mentally or physically handicapped child are in operation in some counties. Some counties have day care programs for the children of migrant laborers.

**Eligibility:** Financial eligibility is determined on the basis of the minimum income scale used for certification for Crippled Children's Service. Parents pay some part of the fee if they are able. Deprivation of parental support and care as defined in the aid to families with dependent children program is not a requirement, since, in the case of the AFDC working mother, the full cost of day care is considered in determining the eligibility and amount of the AFDC payment.

**Contact:** County Department of Public Welfare

### **Foster Home Care For Children**

**Service:** The Foster Home program provides substitute family care when a child's own home is unable to care for him. Agency Social Services focus both on meeting the child's needs in an agency supervised foster home and on helping the child's real family strengthen its own resources. Children may need either temporary or long-term foster care. One function of the Foster Home program is to provide temporary care for children who have been released for adoption.

**Eligibility:** Any child under 18 is eligible if he is in need of care not available in his own home. The agency must have authority for placement, such as a written agreement with parents or a court order. Parents who are able to pay for part or all the costs of care are asked to do so. The State Boarding Home Fund is available to assist in the costs of care for the dependent, neglected, delinquent, and abandoned child when the department of public welfare is given the authority for placement. Aid to families with dependent children funds are available for foster home care when children meet the criteria for eligibility.

**Contact:** County Department of Public Welfare

### **Homemaker Services For The Family**

**Service:** A Homemaker's job is to strengthen family life and to help people remain in their own home. Although the Homemaker is not to serve as a maid or as a nurse, she may perform some routine housekeeping duties such as changing bed linens and doing light laundry and ironing.

A Homemaker can help a family to reach or maintain a minimum standard of living in terms of the house and premises, space, sleeping arrangements,

food preparation, eating, bathing, household cleaning and laundry, clothing, and personal supplies.

The Homemaker can help where a mother does not know how to care for her children or keep house adequately but can learn to budget, buy, cook, and to take responsibilities in other areas of homemaking. She can help where a mother is absent from the home due to physical or mental illness, necessary employment, confinement, desertion, divorce, or death. She is most helpful where an adult can re-establish a home if some of the household duties are performed by a Homemaker.

**Eligibility:** There is no set formula for who qualifies for Homemaker Service. Caseworkers in the county welfare department usually decide if the use of this service will assure better care of the family involved.

**Contact:** County Department of Public Welfare

## SERVICES TO THE BLIND AND VISUALLY HANDICAPPED

### Governor Morehead School

**Service:** The Governor Morehead School offers a kindergarten course and a full 12 grades of general subjects as taught in the public schools. The high school classes prepare the students to enter higher institutions of learning. Special training for blind students include such subjects as music, commercial courses, chair caning, mattress making, arts and crafts, home economics, physical education, and industrial arts. Special training for deaf students includes such subjects as home economics, beauty culture, printing, physical education, shoe repairing, industrial arts, and cabinet making.

If the student's family is unable to provide clothing and transportation, the board of county commissioners in the student's resident county must provide up to \$45 a year for these needs. The school itself is free for North Carolina residents.

**Eligibility:** The school serves every blind child between six and 18 years of age who has 20/200 or less vision in both eyes and every deaf child between six and 18 years of age who is of sound mind and qualified to attend a school for the blind and deaf.

**Contact:** Superintendent  
Governor Morehead School  
Raleigh, North Carolina

MEDICAL EYE CARE — See Section VI, Page 53.

SCHOOL HEALTH PROGRAM — See Section I, Page 14.

### Special Services For Young People Who Are Visually Handicapped

**Service:** Special large type or braille textbooks and other special materials are provided in the public schools free of charge. In some localities, special teachers are also provided for the visually handicapped.

## **4 SERVICES TO CHILDREN**

**Eligibility:** A young person is eligible whose visual acuity is no greater than 20/70 in the better eye with maximum correction. A young person may also qualify if he has progressive eye difficulties.

**Contact:** Local Superintendent of Schools

### **SERVICES TO CHILDREN WITH CHRONIC DISEASES**

#### **Convulsive Seizures Center**

**Services:** Four centers provide evaluation, observation, medication, hospitalization, and surgery.

**Eligibility:** Any child residing in North Carolina is eligible. The first visit to the center is without charge; subsequent visits are financed by the Crippled Children's Section of the State Board of Health upon certification of need by the county welfare department according to the Crippled Children's Section income scale.

A patient must be referred to this specialized clinic by a private physician or by a public health physician.

**Contact:** Local Health Department, Family Physician or  
Crippled Children's Section  
State Board of Health  
Raleigh, North Carolina

#### **Cystic Fibrosis Center**

**Service:** Two centers provide for diagnosis, observation, medication, surgery, and hospitalization.

**Eligibility:** Any child (under 21 years of age) who has cystic fibrosis is eligible. The first visit to the center is without charge; subsequent visits are financed by the Crippled Children's Section of the State Board of Health upon certification of need by the county welfare department according to the Crippled Children's Section income scale.

**Contact:** Local Health Department or  
Crippled Children's Section  
State Board of Health  
Raleigh, North Carolina

#### **Heart And Rheumatic Fever Centers**

**Services:** Seven Rheumatic Fever Centers provide for diagnosis, clinical observation, therapy, medication, hospitalization, and surgery.

**Eligibility:** Any child (under 21 years of age) who has a rheumatic fever condition or any congenital cardiac defects (heart trouble) and who resides in North Carolina is eligible. The first visit to the center is without charge; subsequent visits are financed by the Crippled Children's Section of the State Board of Health upon certification of need by the county welfare department according to the Crippled Children's Section income scale.

A patient must be referred to this specialized clinic by a private physician or by a public health physician.

**Contact:** Local Health Department  
Family Physician

### **Heart Surgery Centers**

**Service:** Services for children with congenital or acquired heart defects and anomalies of the great vessels amenable to medical and/or surgical treatment are provided at four heart surgery centers in the state.

**Eligibility:** The Crippled Children's Section purchases diagnostic preoperative, operative, and post-operative care for children whose parents are unable to meet the high cost of the highly specialized procedures.

**Contact:** Local Health Department  
Family Physician

### **North Carolina Sanatorium**

**Service:** Children are admitted for diagnosis, medical-surgical treatment, and hospital care. Medical and surgical specialty services, dental care, social welfare services, religious guidance, rehabilitation, education, recreation, and other therapeutic services are provided as necessary.

A patient's bill for hospitalization is paid upon his certification by the county welfare department. Other patients pay according to their ability.

**Eligibility:** Children under 12 years of age who have been referred by a private physician, public health department, or tuberculosis control clinic as having tuberculosis or other chronic disease are eligible.

**Contact:** Associate Superintendent — Medical Director  
North Carolina Sanatorium  
McCain, North Carolina 28361

## **SERVICES TO CRIPPLED CHILDREN**

### **Asheville Orthopedic Hospital**

**Service:** In addition to orthopedic treatment, the children receive at the hospital a comprehensive education program from pre-school to high school levels. Also, a class in special education for aphasic children has been established, sponsored by the Crippled Children's Section. Other services include speech and hearing tests and evaluations. A recreational program for in-patients is directed by a trained recreational director.

**Eligibility:** Patients are accepted from infancy to 21 years of age. Acute polio patients of any age may receive treatment at the hospital. Cost is determined according to a family's ability to pay. The financial need of a family is certified by the county welfare department using the Crippled Children's Section income scale.

**Contact:** Asheville Orthopedic Hospital  
Asheville, North Carolina

## **6 SERVICES TO CHILDREN**

### **Classes For Crippled Children**

**Service:** In some localities, special classes in the public school provide for the education of crippled children. These classes are so located that they avoid stair climbing, and they are provided with special furnishings and other appropriate equipment. The instructional program does not differ significantly from that in regular public school classes.

**Eligibility:** Any person eligible to attend public school is eligible. This child must be permanently or temporarily restricted in his activity by loss, defect, or deformity of bone, muscle, or joint, to the extent that it is difficult for his participation under regular classroom conditions.

**Contact:** Local Superintendent of Schools

### **The North Carolina Cerebral Palsy Hospital**

**Service:** The function of this hospital is to provide treatment and training for cerebral palsied children meeting the qualifications for admission and to provide long term convalescent care and training for children with other neuromuscular and skeletal disabilities who are in need of rehabilitation.

Some of the services provided are medical direction and supervision; physical, occupational and speech therapy; psychological testing and guidance; nursing care; school and kindergarten; and dental care. If a child is found to need the services provided by the hospital, he may be started on one of the following types of programs: in-patient, out-patient, or day-patient.

A diagnostic clinic is held each week. Request for appointment should be made in writing. Parents, physicians, or other interested persons or agencies may refer children for examination, preferably through or with the knowledge of the family physician or pediatrician. If, after examination, the patient is accepted for treatment, final application will be prepared by the department of public welfare in the county from which the child comes. Special arrangements for admission to the hospital of patients other than those with cerebral palsy may be made by application in writing to the hospital.

**Eligibility:** Child and parents must be legal residents of North Carolina; patient must be of teachable age and mentality. The condition must offer some prospect for improvement. Charges are based on the ability of the family to pay.

**Contact:** Medical Director  
North Carolina Cerebral Palsy Hospital  
Erwin Road  
Durham, North Carolina  
or  
County Department of Public Welfare

### **The North Carolina Orthopedic Hospital**

**Service:** The hospital is equipped to give corrective treatment to crippled children, specialized care for severe conditions requiring long periods of treatment, and a general education program similar to the regular school system.

**Eligibility:** This hospital serves medically indigent, crippled, and deformed children of all races who are mentally normal and under 16 years of age.

**Contact:** Superintendent  
North Carolina Orthopedic Hospital  
Gastonia, North Carolina  
or  
County Department of Public Welfare

### Orthopedic Clinics

**Service:** Forty-five regional orthopedic clinics offer evaluation, observation, and treatment to any child with any orthopedic handicap at no charge.

Clinic services may include special exercises to strengthen the child's muscles or recommendations for braces or surgical procedures to correct the child's problem.

Cost services (hospitalization, surgery, physical therapy, appliances) are not provided free of charge, but financial assistance may cover some or all of the cost involved.

**Eligibility:** Any child (under 21 years of age) presently residing in North Carolina is eligible for clinic services without charge. The Crippled Children's Section of the State Board of Health finances cost services upon certification of the patient's need by the county department of public welfare according to the Crippled Children's Section income scale.

**Contact:** Regional Orthopedic Clinic  
Local Health Department  
Family Physician

## SERVICES TO EMOTIONALLY DISTURBED CHILDREN

### Centers For Emotionally Disturbed Children

**Service:** Murdoch School in Butner and the Wright School in Durham treat children having emotional problems which require residential treatment. The Psychotic Children's Unit of the Murdoch School provides therapy for both the parent and child. The Wright School may not take the place of psychiatric facilities for seriously disturbed children or of special classes in the public schools, but it may relieve the pressure on hospitals, mental health centers, and public schools by providing care for children who are not sick enough to be hospitalized but too disturbed to be cared for efficiently on an out-patient basis. In the school academic program, the child can receive remedial help to correct specific educational deficiencies so that he can return to his appropriate place in the regular school community.

**Eligibility:** The Psychotic Children's Unit at Murdoch School accepts children under 12 years of age who have been screened for about two weeks to determine their suitability for treatment. The Wright School takes children from six to 12 years of age. The board rate is based upon the family's ability to pay.

## **8 SERVICES TO CHILDREN**

**Contact:** Murdoch School, Butner  
The Wright School, Durham  
Nearest Mental Health Center  
Local Welfare Department  
County Health Department

### **Children With Behavior Problems**

**Service:** The county departments of public welfare offer competent casework services as well as psychological testing and consultation services to children with behavior problems and their families. The caseworker may work especially close with the appropriate person or agency concerning a child's or young person's particular problems, such as school attendance, eligibility for special education classes, and behavior problems. Psychological testing may be provided to ascertain a person's abilities to understand his particular problems.

**Eligibility:** Any family with a child in a North Carolina public school who may benefit from consultative casework and psychological services is eligible. Anyone in need of such services may receive cooperative diagnostic and consultative psychological service without charge. Referrals come from parents, teachers, doctors, and from many public and private sources.

**Contact:** County Department of Public Welfare

### **Psychological Services To Handicapped Children**

**Service:** Every six weeks, or more often, according to demand, a qualified psychologist from the State Department of Public Welfare provides diagnosis and evaluation of infants, children, and young people who may be mentally retarded or emotionally disturbed. Consultation is then given to the caseworker in the county welfare department and/or the parents.

**Eligibility:** Any child may be referred through the county department of public welfare for diagnosis and evaluation without charge.

**Contact:** County Department of Public Welfare

## **SERVICES TO MENTALLY RETARDED CHILDREN**

### **Centers For Mentally Handicapped Children**

**Service:** Residential care is provided for children with mental defects. Caswell Center at Kinston, O'Berry Center at Goldsboro, Murdoch Center at Butner, and Western Carolina Center at Morganton care for three types of mentally deficient children: (1) non-trainable retarded who can profit only to a limited degree from training; (2) trainable retarded who may be taught how to care for their simple personal needs, but can never become self-supporting; (3) educable retarded who can be trained to do many tasks skillfully. The program for educable pupils from age six years and up includes academic school classes, music, arts and crafts, home economics, industrial arts, recreation, and vocational training.

**Eligibility:** The centers accept children mostly over six years of age. Only very limited numbers of retarded children under the age of six years can be admitted. Preference is given, though, to younger children over mentally-deficient persons who have reached 21 years of age and who may not be trainable.

The county department of public welfare can help families in securing and preparing application forms. Psychological evaluation, usually through the welfare department, is required and a psychological diagnosis of mental retardation (generally, I.Q. of 70 or less) is necessary for admission to a center.

Parents will be asked to complete a brief financial questionnaire if they are not able to pay the charges of care. Charges will be arranged individually on the basis of ability to pay.

Needs that cannot reasonably be met in the community will be a primary criterion for admission.

**Contact:** Local Health Department  
Nearest Mental Health Center  
County Department of Public Welfare

#### **Classes For The Educable Mentally Retarded**

**Service:** Special classes in the public schools provide for free instruction adjusted to the needs of mentally retarded students. Small classes are arranged to give more individual assistance and to facilitate the students' learning progress.

**Eligibility:** Any person eligible to attend public school and whose I.Q. is approximately 50-70 is eligible. This person is limited to approximately the sixth grade level but he may be expected to achieve job stability in unskilled and semi-skilled labor and to become a responsible citizen.

**Contact:** Local Superintendent of Schools

#### **Classes For The Trainable Mentally Retarded**

**Service:** Special classes are operated by the public schools free of charge for moderately to severely mentally retarded young people who may be expected to reach a mental age of four to eight years as an adult and who will probably need adult supervision throughout their lives.

**Eligibility:** A young person between the ages of six and 21 who is attending public school and whose I.Q. is approximately 25-50 is eligible.

**Contact:** Local Superintendent of Schools

#### **Mental Retardation Program For Children**

**Service:** Approximately 20 county health departments have child supervising clinics where children are brought for evaluation. A mentally retarded child may be referred for out-patient care from any county health department to a regional mental retardation clinic at Chapel Hill, Winston-Salem, Asheville, or Charlotte. At these regional clinics, recommendations are made for special classes, home care, psychiatric care, family support, etc. More specialized

## 10 SERVICES TO CHILDREN

care is provided in the regional mental retardation clinics of the two medical schools at Chapel Hill and Winston-Salem.

The centers for the mentally retarded (Caswell, O'Berry, Murdoch, Western Carolina) also sponsor diagnostic clinics for children who are not applicants for admission.

**Eligibility:** These facilities are available to any North Carolina child or young adult suspected of retarded mental development.

Child supervising clinics at the local health department are open to anyone without charge and without a physician's referral. A referral from a public health physician or private physician is necessary for services at the Chapel Hill and Winston-Salem regional mental retardation clinics. Clinics at Asheville and Charlotte are open to anyone without referral. Any qualified physician, psychologist, public welfare department, public health department, or other child or family service agency may refer patients to the diagnostic unit of a center for the mentally retarded.

Charges at the regional clinics are based on ability to pay according to a flexible scale varying from clinic to clinic. The Charlotte clinic is located in the public health unit; therefore, no charge is made.

**Contact:** Local Health Department  
Family Physician  
County Department of Public Welfare  
Nearest Mental Health Center

### PSYCHOLOGICAL SERVICES TO HANDICAPPED CHILDREN

See Section I, Page 8.

### Referral Services To Mentally Retarded Children

**Service:** A child may be referred to a State center or to a private facility for specialized treatment and care. Private facilities include boarding homes and residential care facilities.

**Eligibility:** Boarding homes usually care for mentally retarded children from infancy to seven years. Residential care facilities usually serve a child from infancy to 18 years old. A child's parent or guardian meets payment for board, clothing, and medical and dental care.

**Contact:** Nearest Mental Health Center  
County Department of Public Welfare  
Family Physician

## SERVICES TO SPEECH AND HEARING HANDICAPPED CHILDREN

GOVERNOR MOREHEAD SCHOOL — See Section I, Page 3.

ASHEVILLE ORTHOPEDIC HOSPITAL — See Section I, Page 5.

### North Carolina School For The Deaf

**Service:** Two or three years are required for a deaf child in pre-school training. Classes at the school cover from first through the twelfth grades.

Those students who complete 12 grades and who pass the Galludet College entrance examinations (the world's only college for the deaf) are assisted by the school to enter the college. The General Assembly appropriates some funds toward scholarships.

The school also offers vocational training. For girls, it offers power machine operation, hosiery looping, typing and business machines operation, home economics, meal planning, housekeeping, cookery, dress design and dress-making. For boys, it offers woodworking, cabinet making, shoe repair and leather crafts, dry cleaning, metals work, auto body repair, printing, linotype operation, press work, teletype operation and off-set printing. The objective is to assure training that will enable students to be self-supporting. A placement officer assists in finding employment for students leaving or graduating.

If the student's family is unable to provide clothing and transportation, the board of county commissioners in the student's resident county must provide up to \$45 a year for these needs. The school itself is free for North Carolina residents.

In 1964, the Eastern North Carolina School for the Deaf opened at Wilson to serve elementary students in the eastern half of the State.

**Eligibility:** The North Carolina School for the Deaf at Morganton accepts children between the ages of six and 18 years. A child may enter at five years of age, and this is desirable, but he is not legally required to attend until six years of age. The Eastern North Carolina School for the Deaf at Wilson accepts children in the elementary grades.

**Contact:** Superintendent  
North Carolina School for the Deaf  
Morganton, North Carolina  
Superintendent  
Eastern North Carolina School for the Deaf  
Wilson, North Carolina

SCHOOL HEALTH PROGRAM — See Section I, Page 14.

### **Special Instruction For Young People With Speech Or Hearing Handicaps**

**Service:** As a part of the regular school staff, speech and hearing therapists are available to provide special assistance to young people. Sessions are usually held two or three times a week at the public school. A trained therapist works either with an individual young person or with small groups.

**Eligibility:** Any person eligible to attend public school and who has defective speech is eligible. There is no cost for these classes.

**Contact:** Local Superintendent of Schools

### **Speech And Hearing Centers**

**Services:** Seven centers provide such services as evaluation by specialists, provision for appliances (hearing aids), surgery, or speech therapy.

**Eligibility:** Any child (under 21 years of age) who resides in North Carolina and who has a speech or hearing disorder is eligible. The first visit to the

## **12 SERVICES TO CHILDREN**

clinic requires no charge; subsequent visits are financed by the Crippled Children's Section of the State Board of Health upon certification of the patient's need by the county welfare department according to the Crippled Children's Section income table.

A patient must be referred to this specialized clinic by a private physician or a local health officer.

**Contact:** Family Physician  
Local Health Department

### **GENERAL HEALTH SERVICES**

#### **Child-Health Supervision Plan**

**Service:** Through this plan the health of children is supervised in the local health department by public health nurses and a consulting physician. The objectives of the plan are to teach good health practices to parents, to provide the opportunity for parents to ask questions about health care, to administer immunizations, to allow time for nurses to talk with parents, to offer guidance, and to help parents seek further medical care. Incorporated in this plan are nutritional services, immunization procedures, diaper and skin care, accident prevention, and early detection of any variations from normal in order to advise about further consultative services. The primary objective is health supervision of children from infancy through school age. The clinics are not provided for acutely ill children. The acutely ill are referred to a local physician in the community. Health supervision with regularity is urged for the first year of life, and then at more infrequent intervals thereafter; however, the preschool child is in need of this type of supervision, and emphasis is placed on this particular age group. Child health supervision clinics are divided into two phases: the nurse screening clinic, conducted by public health nurses, and the pediatric supervisory clinic, conducted by a physician.

**Eligibility:** Any child from birth through school age. These clinics are established for those in need of regular health supervision and not for the acutely ill.

**Contact:** Local Health Department.

#### **Dental Hygiene — School Program And Summer Clinic**

**Service:** The public health dentists visit elementary schools and provide preventive, educational, and corrective services to children. All school children's teeth are inspected to determine dental needs. Then, a child found to be in need of dental care may be referred to the family dentist. Some children may be treated at the school immediately after examination. If any serious problems are detected, a child may be referred for further treatment or even for surgery, if necessary. The Crippled Children's Services Fund or the School Health Coordinating Fund may be called upon for payment of any further costs.

If the school examination is held in the spring, the names of indigent children in need of dental care are taken, and these children are eligible for

treatment at the health department during the summer. During the summer, public health nurses may also refer an indigent child in need of dental care to the health department for proper treatment. These referrals may arise from the nurses' visits in homes as well as in schools.

Pre-school check-ups or school health conferences are held in many localities where the public health dentist will examine, treat, or refer for treatment children just entering school.

**Eligibility:** Any child from six to 12 years of age attending a North Carolina public school is eligible for a mouth inspection and for general dental health education. The public health dentist will treat at the school any child receiving "free lunch" or any child whose family is unable to pay for dental care. The teacher will usually decide upon eligibility in these cases.

**Contact:** Local Public School  
Local Public Health Department

### **Developmental Evaluation Clinics**

**Services:** Twelve out-patient clinics serve North Carolina. These clinics bring together, in a variety of settings, professional specialists in the fields of medicine (all clinic directors are pediatricians), nursing, psychology, social work, physical therapy, nutrition, and in other fields as indicated. Consultation of any needed kind may be purchased. An interlocking referral system ties all the clinics together and to other health department programs.

Although emphasis is upon mental retardation, any developmental difficulty in children may be considered for clinic services. Referral study, evaluation, diagnosis, limited treatment, and follow-up coordination services are all available. Consultation is provided in relation to patients, families, and programs. Training of professional and complementary personnel is an increasingly important service of those clinics with resources and affiliations with teaching institutions.

**Eligibility:** Any child under 21 years of age and/or his parents may apply for appropriate services. Any community may ask for consultative services.

Clinics are practically geared to serve an area of about 50 miles radius from the clinic location; however, any applicant may be considered in any clinic.

Fee scales and policies vary; however, no service is withheld due to inability to pay.

**Contact:** Nearest Developmental Evaluation Clinic  
Local Health Department  
or  
Maternal and Child Health Section (Developmental Evaluation Clinics Unit)  
State Board of Health  
Raleigh, North Carolina

### **Premature Baby Service**

**Service:** The State Board of Health cooperates with the premature centers of the State so that, if care is not available for a premature at the local level,

## **14 SERVICES TO CHILDREN**

a physician may refer the baby to a premature care center in a regional hospital.

**Eligibility:** Newborns in North Carolina are eligible for this service. Financial assistance with cost of hospitalization is provided upon certification of need by the Maternal and Child Health Section of the State Board of Health.

**Contact:** Local Health Department  
or  
Maternal and Child Health Section  
State Board of Health  
Raleigh, North Carolina

### **School Health Program**

**Service:** The following services are available: general routine physical examinations, eye examinations, examinations of children suspected of having hearing difficulties, inspection of pupils to detect signs of deviations from normal, and follow-up services in connection with the correction of defects. Minor dental care may be received in the public school or in the local health department. Treatment and/or correction of other chronic physical defects (orthopedic, hearing, visual), and surgery (tonsils, eye, orthopedic, cleft palate) may be financed by the School Health Fund.

**Eligibility:** Any child attending a North Carolina public school is eligible for services although the program is oriented toward the disadvantaged. School health funds are expended for correction of chronic defects and for surgery upon certification of financial need by the welfare department according to the Crippled Children's Section of the State Board of Health income table. Medical need must be approved by the school superintendent and the director of the local health department. In cases of minor dental care, school and health department personnel determine which students receive free treatment.

**Contact:** Principal of Local Public School  
Local Health Department

## **FINANCIAL ASSISTANCE FOR MEDICAL SERVICES**

### **Clarification Of Eligibility For Financial Assistance According To The Crippled Children's Section Income Scale**

All persons referred to the county department of public welfare for certification for Crippled Children's Services and the Cancer Program of the State Board of Health, the School-Health Program and Tuberculosis Sanatorium care who are receiving financial assistance from the welfare department should be certified for services automatically.

Eligibility of other persons referred for certification will be determined by the Crippled Children's Services Section based upon the annual family net income as certified by the county department of public welfare. Net income refers to the cash income after the following deductions: federal income tax

withholdings, State income tax withholdings, social security tax deductions, and hospitalization insurance deductions.

**Financial Assistance For Handicapped Children Under Treatment of Private Physician**

**Service:** Treatment or appliance provided by a listed private specialist to a child whose condition is accepted for support by the Crippled Children's Section will be financed by the Section.

In addition to categories described elsewhere in the guide, other supported conditions are those requiring plastic surgery, orthodontia incidental to organic speech defects, cerebral palsy, and congenital or acquired defects requiring services of surgical subspecialties.

**Eligibility:** Any child (under 21 years of age) presently residing in North Carolina may receive this service. The medical need of the child, reported by the private physician, is reviewed by the Crippled Children's Section. The financial need of the family is certified by the county welfare department, according to the Crippled Children's Section income scale.

**Contact:** Family Physician  
Local Health Department

**Medical Services To Families With Dependent Children — Vendor Payments**

**Service:** This program provides payment for hospitalization and covers all in-patient expenses. Payment for out-patient care includes necessary laboratory and X-ray services but excludes emergency room visits and psychiatric out-patient visits. Payment for legend prescription drugs is also available, with the recipient paying the first dollar toward the prescription.

**Eligibility:** This program is available to families in which there is a child who is under 16, or under 21 if he is in school or employed. The child must have lived in North Carolina for one year prior to application.

The child must be deprived of parental support by death of parent, physical or mental incapacity of parent, or absence from home of parent.

The applicant must be unable to meet some or all medical expenses from his income in any one month, after having met subsistence needs. Resources such as savings, other income in the home where the applicant is living, or real property (except one's home) over and above \$500, plus \$50 for each child up to a maximum of \$800 per family, is considered available for subsistence expenses.

**Contact:** County Department of Public Welfare

**FINANCIAL ASSISTANCE FOR DEPENDENT CHILDREN AND THEIR FAMILIES**

**Aid To Families With Dependent Children (AFDC)**

**Service:** This program provides cash payments covering the minimum requirements for food, clothing, shelter, certain school costs for children, and minor medical expenses.

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Medical assistance includes hospitalization and covers all in-patient expenses. Out-patient services are provided, including necessary laboratory and X-ray services but excluding emergency room visits and psychiatric out-patient visits. Payment is also made for legend prescription drugs, with the recipient paying the first dollar toward the prescription.

**Eligibility:** The assistance is paid directly to a relative caring for a child who is under 16, or under 21 if the child is in school or employed. The child must have lived in North Carolina for one year prior to application.

The child must be deprived of parental support by death of parent, physical or mental incapacity of parent, or absence from the home of parent.

The applicant must be unable to meet some or all of his subsistence needs from his income. Any resources such as savings, other income in the home where the applicant is living, or real property (except one's home) over and above \$500, plus \$50 for each child up to a maximum of \$800 per family, is considered available for subsistence expenses.

**Contact:** County Department of Public Welfare

### **North Carolina Department of Veterans Affairs — Aid To Survivor's Children**

**Service:** Financial assistance in the form of monthly payments is available to children of deceased veterans.

**Eligibility:** Financial assistance is available to certain "helpless" individuals who are the children of deceased veterans. A "helpless" individual is one who became permanently incapable of self-support prior to age 18 and has not married. Specific eligibility requirements can be ascertained by interviewing the local representative of the Department of Veterans Affairs.

**Contact:** Local Office of the North Carolina Department of Veterans Affairs

### **Child's Insurance Benefit (Worker Alive)**

**Service:** Monthly payments varying from a minimum of \$27.50 to a maximum of \$109.00 are paid to the child until age 18 whose parent is insured under Social Security. Payment may also be made until the child is age 22, if the child is in full-time attendance at a school or university. Payments to a child stop when he marries.

**Eligibility:** Recipients must be the unmarried child of a wage earner who is entitled to an old-age or disability insurance benefit. Earnings of over \$1680 in a calendar year will preclude full payment.

**Contact:** Social Security District Office (See listing page 38.)

### **Child's Insurance Benefit (Worker Deceased)**

**Service:** Monthly payments varying from a minimum of \$55 to a maximum of \$163.50 are paid to the child of a deceased wage earner who was insured under Social Security. These payments continue from birth until the child is 18. Payment may also be made until the child is age 22, if the child is in

full-time attendance at a school or university. Payments to a child stop when the child marries.

**Eligibility:** Recipients must be the unmarried child of a deceased wage earner who meets the insured status requirements under the Social Security law. Earnings of over \$1680 in a calendar year will preclude full payments.

**Contact:** Social Security District Office (See listing page 38.)

DISABLED ADULT CHILD'S BENEFIT — See Section III, Page 30.

## LEGAL SERVICES

### Court Related Services For Children

**Service:** The county director of public welfare is by law the chief probation officer for the juvenile court in most of North Carolina's counties. The director and designated members of his staff have broad legal responsibility for services to abused, neglected, dependent, and delinquent children, including preventive and protective services, as well as service to those on conditional release from correctional schools or on probation. This responsibility includes the preparation of social studies on the child and recommendations for disposition when requested by the juvenile court. Parents who are experiencing extreme difficulty with disobedient children may contact their county welfare department for casework counseling and/or referral services.

**Contact:** County Department of Public Welfare

### Juvenile Cases

**Service:** In juvenile court matters where the parent or parents are financially unable to retain counsel, the judge of the court will appoint counsel to represent the child.

**Eligibility:** Determination of eligibility is made by the court.

**Contact:** Clerk of the Court where the child is required to appear.

## PARENTHOOD SERVICES

### Planned Parenthood Services

**Service:** Consultation, family planning, and guidance is given to prospective mothers and fathers. Individuals or groups are taught maternity and infant care. Efforts are made to have prospective mothers seek obstetrical care early during the maternity cycle.

Contraceptive advice and materials are provided to mothers who could not otherwise secure this service from a physician.

**Eligibility:** Any woman of childbearing age and any couple may participate in the Planned Parenthood Program. Consultation services to help suppress or aid fertility are open to the public free of charge. Contraceptive distribution varies with each county. Certification of the county department of public

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welfare authorizes that an individual receive contraceptives free of charge or according to ability to pay. The Crippled Children's Section of the State Board of Health income table is often used as a flexible guide for certification.

**Contact:** Local Health Department

### **Prenatal Services**

**Service:** The maternity clinics of the public health department provide medical prenatal and postnatal examinations and supervision for those mothers unable to secure this service from private physicians. Guidance and supervision is given throughout the maternity cycle, as needed. Careful screening is done to detect any abnormalities during the cycle.

**Eligibility:** Any woman of childbearing age who resides in North Carolina is eligible to attend the Prenatal Program at the local health department. Although the program is open to the public, the orientation is toward the disadvantaged.

**Contact:** Local Health Department

### **Services To Unmarried Parents**

**Service:** Services to unmarried parents are specialized social services which express the concern of the community for the welfare of unmarried parents and the child born out of wedlock. Services are available which will assure help and protection for the unmarried mother and her child in the areas of medical care, living arrangements and adoption services.

Counseling services are available through both the county departments of public welfare and the four licensed adoption agencies in North Carolina. With professional guidance, unmarried parents are able to work out the best plans for both themselves and the child.

There are three licensed maternity homes in North Carolina which offer group living arrangements for unmarried mothers. Girls who need financial help to pay for the costs of care in a maternity home can seek such assistance from a county department of public welfare.

**Eligibility:** Financial assistance is available to help pay the costs of care for any girl in need of such assistance and who is admitted to a home. Casework services are available to any unmarried parent regardless of financial status who needs help in planning for herself and her child including medical care, living arrangements and adoption.

**Contact:** County Department of Public Welfare  
STERILIZATION — See Section IV, Page 42.

## **SERVICES PROVIDED THROUGH THE SCHOOL**

### **Guidance Services In The Public Schools**

**Service:** Counseling and guidance services are offered in public schools to assist students in choosing and planning their educational and vocational careers and in solving their personal problems.

**Eligibility:** Public school students and their parents may request guidance services from the appropriate school.

**Contact:** Local Public High School Counselor or Principal

#### **Home-School Services**

**Service:** Attendance counselors are employed in most all of North Carolina's school administrative units. Needy children and their parents are offered assistance in employment, food, and clothing to encourage regular school attendance.

**Eligibility:** Any child eligible to attend school or any parent having school-age children.

**Contact:** Local Public School Principal

#### **Instruction For The Homebound Or Hospitalized**

**Service:** This program provides regular school instruction for children confined to the home or hospital. Full credit is granted for satisfactory completion of work.

**Eligibility:** This child must be of legal school age and must be adjudged educable. In the case of the homebound, he must have a physical disability making it impossible or impractical to attend public school even with the provision of special classes and transportation. The mentally retarded, the emotionally disturbed, and those with speech, hearing, or visual defects are not considered eligible. The hospitalized child must be confined to a general or psychiatric hospital for treatment or a long period of convalescence.

**Contact:** Local Superintendent of Schools

#### **National School Lunch Program**

**Service:** This program provides free or price-reduced lunches to needy school children.

**Eligibility:** The program is available to children who are determined by local school authorities to be unable to pay the full price of the lunch. These children must not be so identified, or otherwise discriminated against in any way.

**Contact:** The child or his parents should contact a teacher or the principal of the public school he attends.

#### **Pre-School Readiness Program**

**Service:** This "summer readiness program" consists of six to eight weeks of pre-school orientation for culturally and economically disadvantaged children scheduled to enter the first grade in the fall.

**Eligibility:** Economic, social, cultural, and environmental circumstances of the parents and of the community as such as to indicate that the child

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has been deprived of normal experiences considered prerequisite for success in school.

**Contact:** Local Superintendent of Schools

### **Project Head Start**

**Service:** Head Start provides learning experiences, social services, and medical and dental examinations for needy children to help them prepare for school. These pre-school programs are designed to improve the health and physical abilities of children from low-income families and to increase their verbal and conceptual skills. Each child is provided with at least one full meal a day.

Parents are invited to participate in every phase of developing and administering the program. Special courses for parents are provided also, in such subjects as home economics, food budgeting and purchasing, child care and improving home environment.

**Eligibility:** Children entering kindergarten or the first grade who live within a neighborhood which the local community has found to have a substantial amount of poverty.

**Contact:** County Department of Public Welfare  
Local Public School  
Local Community Action Program

TESTING AND GUIDANCE SERVICES — See Section II, Page 25.

## II. EDUCATIONAL SERVICES

### ASSISTANCE FOR HIGHER EDUCATION

#### Education Assistance To Children Of Veterans

**Service:** Federal: Scholarship grants and monthly payments are available to eligible students who need help in financing their education. In addition to allowance payment or grants, the eligible person will receive VA educational or vocational counseling to assist him in the selection of a goal and the development of a program of education. Some provision is also made for below-college-level training and education.

State: Free tuition, room and board allowance, in State-owned colleges for up to four years is provided to eligible recipients through the North Carolina Department of Veterans Affairs.

**Eligibility:** Federal: Generally, persons are eligible if they are between the ages of 18 and 23 and if they are children of veterans who died from or are rated 100% disabled from disease or injury incurred or aggravated in the line of duty in active service during the Spanish-American War, World War I and II, Korean conflict, Vietnam War, and the induction period. Marriage does not preclude educational assistance for a person who is otherwise eligible.

State: Children of veterans who lost their lives due to war-time service or who suffer varying degrees of disability as defined by State law. Further eligibility factors may be obtained from your local veterans service officer.

**Contact:** Local Office of the North Carolina Department of Veterans Affairs

#### Plan Assuring College Education In North Carolina (P.A.C.E., I.N.C.)

**Service:** P.A.C.E. is a cooperative work-study venture between the college student in need of financial aid, the school in which he is enrolled, and the agency or organization in which he will work. Full-time summer employment (from eight-12 weeks) is found for the student in such fields as county welfare departments, health departments, law enforcement agencies, libraries, local poverty-fighting agencies, schools, and similar institutions. If the student is found eligible, he competes on the basis of his needs with other eligible students at his particular institution for the available work-study opportunities; also, the institution will use this form of aid, along with loans, grants, and other work opportunities, to assist the student in the financing of his college education.

**Eligibility:** The student must (1) be eligible for matriculation in the fall, having been accepted by one of the participating colleges, or in good standing for continuation in college (at the undergraduate or graduate level); (2) need financial assistance to go to college or remain in school. The college Student Aid Officer has the responsibility of determining eligibility.

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**Contact:** Student Aid Officer at a participating college or university  
High School Guidance Counselor  
County Department of Public Welfare  
P.A.C.E., I.N.C.  
Division of Community Services  
Department of Public Welfare  
P. O. Box 2599  
Raleigh, North Carolina 27602

### **Social Work Student Loan Fund To Promote Rural Development In North Carolina**

**Service:** The North Carolina Rural Rehabilitation Corporation advances loan funds to approved graduate students in social work at accredited schools of social work in North Carolina. The Corporation may in rare cases make loans to North Carolina students at out-of-state institutions. Loans are based on budgetary needs not available from other sources, bear interest at the rate of four percent per annum and are repayable over a period not exceeding 60 months following completion of course or withdrawal. Loans are secured by two or more endorsers or approved collateral.

**Eligibility:** A recipient must be a North Carolina resident of good character, must pledge to give preference, for a period of one year after completing the course, to employment in social work in the rural rehabilitation field in North Carolina, must be recommended by the Administrative Head of the Social Work School to be attended. There is no age restriction, nor are there any fixed grade level requirements. The financial condition of the applicant and his family and availability of aid from other sources will be taken into consideration in determining whether assistance is needed.

**Contact:** North Carolina Rural Rehabilitation Corporation  
P. O. Box 2504  
Raleigh, North Carolina 27602

### **Upward Bound**

**Service:** Upward Bound is a pre-college program for high school students from low-income families who may have the potential to pursue college careers if given an adequate academic base and proper motivation. For eight weeks during the summer, an intensive educational program is offered at the University of North Carolina at Greensboro, the University of North Carolina at Chapel Hill, and at Winston-Salem State College. Follow-up sessions are conducted during the school year. Medical care is provided during the session, plus a maximum weekly stipend of up to \$10.00 per week per student.

**Eligibility:** North Carolina high school students, preferably tenth and eleventh graders, whose family income is below the poverty line, are selected by the educational institution in charge of the program.

<b>Contact:</b> Project Upward Bound	Project Upward Bound
UNC	UNC-G
Chapel Hill, North Carolina	Greensboro, North Carolina

Project Upward Bound  
 Winston-Salem State College  
 Winston-Salem, North Carolina

## COMPREHENSIVE COMMUNITY COLLEGE SYSTEM

### Guidance Services

**Service:** According to the Community College System's "open door" policy, almost anyone has a fair chance of succeeding in some type of training; therefore, counseling, testing, and guidance are offered to place students in suitable training: college parallel, occupational (vocational and technical) program, and adult education. Institution guidance and counseling will be available to the student throughout his education, not just at the time of enrollment. Programs are designed to meet the needs of the high school graduate, the early school-leavers, and the older citizen.

**Eligibility:** Any North Carolina citizen 18 years and over may walk into an institution or unit in the Community College System and seek guidance and placement in proper training. A student who is less than 18 years of age will only be admitted if his needs cannot possibly be met in the public school.

**Contact:** Administrative Official of a Community College, Technical Institute, or Unit  
 Local Public School Principal or Counselor

### College Parallel Program

**Service:** This program of a community college provides courses enabling students to transfer credits to a senior college or university and to enter such curricula as liberal arts, pre-medical, pre-engineering, business administration, and education.

**Eligibility:** To be eligible for the college parallel program of a community college, a person must be a high school graduate or have a State-approved equivalent education. He must submit the transcripts of high school and of post-high school education, must demonstrate aptitude for college parallel training as determined by standard tests, must be in acceptable physical and mental condition, and must have an interview with a designated representative for discussing enrollment plans and lifetime career goals.

There is no residence restriction although out-of-state students must pay tuition fees two and one-half times the in-state rate. The tuition for North Carolina students is \$3 per credit hour with a maximum tuition charge of \$42 per quarter.

**Contact:** Local Public School Principal, Counselor, or Superintendent Local Community College, Technical Institute, or Unit

### Technician Program

**Service:** A two-year program is offered in agriculture, business, industry, and service technology. Examples of curricula are: agricultural, architectural draft-

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ing, automotive, chemical, commercial art and design, electronics, mechanical, data processing, etc. About one-third of the courses are similar to the college parallel courses; the other two-thirds are special courses in a chosen field. The Technician Program is designed to lead to employment.

**Eligibility:** A candidate for admission to the two-year technology program must be 18 years of age or older, should be a high school graduate or have a State-approved equivalent education. The applicant must submit transcripts of high school and/or post-high school education. Before beginning the training program, the student will have an interview with a designated representative for discussing enrollment plans and lifetime career goals.

The tuition fee is \$2.50 per credit hour with a maximum fee of \$32.00 per quarter. Tuition for out-of-state students is two and one-half times higher than that for North Carolina students.

**Contact:** Local Technical Institute, Community College, or Unit Local School  
Superintendent or Principal  
County Department of Public Welfare  
Local Employment Security Commission

### Vocational Training Program

**Service:** Courses in this program are about one year in length and are designed to train workers of less than the technician level. Curricula examples are: air conditioning and refrigeration, mechanics, auto mechanics, carpentry, diesel and truck mechanics, practical nursing, radio and television repair, sheetmetal work, upholstery, tool and die making, welding, etc. The Vocational Program is designed to lead to employment.

**Eligibility:** High school graduation is not a necessary prerequisite. A candidate for admission to the trade-vocational training program must be 18 years of age or over. Before beginning the training program, a student will have an interview with a designated representative for discussing enrollment plans and lifetime career goals.

The tuition fee is \$2.50 per credit hour with a maximum fee of \$32.00 per quarter. Tuition for out-of-state students is two and one-half times higher than it is for North Carolina students.

**Contact:** Local Technical Institute, Community College, or Unit Local School  
Superintendent or Principal  
County Department of Public Welfare  
Local Employment Security Commission

### Vocational-Technical Extension Courses

**Service:** A vocational or technical extension course is a part-time course designed to serve adults who are employed or are seeking employment at the skilled, technical and sub-professional levels. Enrollees who are employed normally attend training during their non-working hours to increase their skills and understandings, to improve their competence and qualify for advancement.

Courses are normally ten or more hours in length and are concerned with such subjects as agricultural technology, business education, fire service, health occupations, hospitality education, law enforcement, fisheries occupations, supervisory development, building trades, drafting, electrical installation and maintenance, furniture (production assistant), welding, and many others.

**Eligibility:** Any adult who needs training, or re-training, or who can profit from the proposed course, may be enrolled.

**Contact:** Local Superintendent or Public School Principal  
Local Community College, Technical Institute, or Unit

### **Adult Education And Community Service**

**Service:** This is vocational and cultural instruction that prepares adults for better family living. The areas of adult education and community services are programs involving classes in the various broad fields of consumer family living, industrial arts, discussion groups, citizenship, health and safety, creative arts, liberal arts, and academic grades one through 12. Make-up work in elementary and high school subjects is also offered. These courses are considered adult education and are scheduled as needed.

A very important means of promoting adult education is through the **Learning Laboratory**. The learning laboratories were designed so that the institution could conform to the open door policy. Most of the students are enrolled in the learning laboratory to prepare themselves for high school equivalency examination or to gain educational improvement of their own choosing; a lesser proportion seek admission to one of the regular curricula of the institution and are counseled into the learning lab to remedy academic deficiencies.

**Eligibility:** Any person who resides in North Carolina is eligible for the adult education program in one or more of these areas if he is at least 18 years of age, or if he has special needs which cannot be met in the public school. Courses are offered free except for the cost of instructional materials.

**Contact:** Local Community College, Technical Institute, or Unit

### **Student Loan Fund**

**Service:** The purpose of the Fund is to provide for financial assistance to those students, enrolled full-time, in vocational and technical education programs of a Technical Institute, Community College, or Unit. Maximum assistance is \$300 for an academic school year. A loan is made with a three and one-half percent interest rate and a five year repayment period.

**Eligibility:** Each candidate for a loan must be a resident of North Carolina, be or expect to be a full-time student of the approved institution, and declare that he is in need of financial aid to continue his studies. He must apply on certain forms, be approved by the institution student loan committee, and use the proceeds of the loan only for payment of tuition and required fees, materials, books, board and room and similar living expenses.

## **26 EDUCATIONAL SERVICES**

**Contact:** Local Community College, Technical Institute, or Unit

### **VOCATIONAL EDUCATION AND GUIDANCE**

#### **Correspondence Courses, Evening Classes, Extension Classes, And Short Terminal Programs At North Carolina State University At Raleigh**

**Service:** Fifty-five correspondence courses in 17 subject matter areas are offered by the Division of Continuing Education. Approximately 80 courses in 25 subject matter areas are offered on the campus in the late afternoon and evening. By request, and if instructors are available, the Division of Continuing Education will offer extension classes in any area where a need exists which cannot be met by local institutions. The Division conducts more than 100 short courses, seminars, and institutes in a variety of scientific subjects each year.

**Eligibility:** Correspondence courses are opened to any interested student. Evening courses are opened to high school graduates who usually must be at least 21 years of age, and who has not been suspended from any university or college within the last three years.

**Contact:** Division of Continuing Education  
North Carolina State University  
P. O. Box 5125  
Raleigh, North Carolina 27607

#### **Modern Farming Short Course At North Carolina State University At Raleigh**

**Service:** Local North Carolina Bankers Associations furnish free tuition, room and board, and temporary insurance plus spending allowance to allow young men the opportunity to study modern farming techniques. The courses at North Carolina State University are usually offered in January, lasting about two weeks. They cover such subjects as farm management, accounting, animal husbandry, crop rotation practice, allotment plans, marketing, sanitation, and safety.

**Eligibility:** A person is eligible who is between the ages of 18 and 35, although these limits may be extended in exceptional cases, and who intends to remain in the agro-business community after the training period. A county board composed of members of the Bankers Association and the Agricultural Extension Service usually selects one or more persons to attend the two-week course. The persons selected are residents of the sponsoring county. An applicant may not have attended or be attending college.

**Contact:** County Agricultural Extension Agent

#### **Testing And Guidance Services**

**Service:** The testing and guidance services of Duke University and the University of North Carolina at Chapel Hill are primarily to provide educational, vocational, and personal guidance services for children, high school and college students, and adults.

**Eligibility:** Testing and counseling services are available to the students of the universities without charge. They are available to others on a fee basis. Some veterans may receive these services from the University at Chapel Hill without cost when authorized by the Veterans Administration.

**Contact:** Duke University Bureau of Testing and Guidance  
Duke University  
Durham, North Carolina  
  
University Testing Service  
University of North Carolina  
Chapel Hill, North Carolina

### **Vocational Education In Public Schools**

**Service:** Vocational education is offered in the public high school and includes programs in agriculture, home economics, office occupations, distributive education, trade and industrial education, and introductions to vocations. Students are assisted in finding part-time jobs in their area of interest and ability while attending school. They gain valuable experience in employment areas such as clerical, child care, mechanics, accounting and service trades.

**Eligibility:** Any student attending a North Carolina public high school may participate in the Vocational Education program. A person who has left school may return to find worthwhile training for employment.

**Contact:** Local Public High School Counselor or Principal.

### III. SERVICES TO ELDER CITIZENS

#### FINANCIAL ASSISTANCE AND BENEFITS

##### Health Insurance (Medicare)

**Service:** Two types of protection are available under the health insurance program: hospital insurance and medical insurance. Hospital insurance pays the cost of covered services for the following hospital and posthospital care: (1) up to 60 days in a hospital (except for the first \$40) and all but \$10 per day for an additional 30 days during each spell of illness; (2) up to 20 days in an extended care facility after at least a three-day hospital stay; (3) up to 100 home-health visits (not by a doctor) for one year after at least a three-day hospital stay; (4) beginning January 1, 1968, a "lifetime reserve" of 60 additional benefit days were added to the hospital insurance, which already covers up to 90 days for each spell of illness. During these additional days, the hospital insurance pays all but \$20 a day of the covered hospital expenses.

Under medical insurance, 80 percent of the reasonable charges for the following services are paid for, after the first \$50 in each calendar year: (1) doctors' and surgeons' services; (2) up to 100 home visits per year by a doctor; (3) other services such as diagnostic tests, surgical dressings and splints, rental of medical equipment; (4) starting April 1, 1968, all outpatient hospital diagnostic services are covered by medical insurance.

**Eligibility:** Any person 65 or over and eligible for Social Security or railroad retirement benefits is automatically eligible for hospital insurance. For those people becoming 65 in 1968 or later, and not eligible for monthly cash benefits, some work credit will be needed to qualify for hospital insurance.

Medical insurance is available only to those 65 or over who sign for this protection within a specific period. After enrollment, a \$3 premium is paid monthly, to be increased to \$4 monthly effective April 1968.

**Contact:** Social Security District Office (See listing page 38.)

##### Medical Assistance To The Aged (MAA)

**Service:** This program provides payment for hospitalization and covers all in-patient expenses. Payment for out-patient care includes necessary laboratory and X-ray services but excludes emergency room visits and psychiatric out-patient visits. Dental care is also provided, including extractions, fillings, repairs to dentures and emergency treatment to ease pain. Payment for legend prescription drugs is also available, with the recipient paying the first dollar toward the prescription.

**Eligibility:** To qualify for MAA, a person must be 65 years of age or older and must be living in North Carolina. No minimum period of residence is required.

A recipient may live anywhere in North Carolina except in a public institution or an institution where the patient is being treated for, or has been diagnosed as having, tuberculosis or a mental disease.

The applicant must be unable to meet some or all medical expenses from his income in any one month, after having met subsistence needs. Any resources such as savings, other income in the home where the applicant is living, or real property (except one's home) over and above \$2000, are considered available to be applied to medical expenses. It is entirely possible that an individual with large medical expenses in one month would be eligible for medical assistance even though he may have a large monthly income.

**Contact:** County Department of Public Welfare

#### **North Carolina Department Of Veterans Affairs — Survivor's Benefits**

**Service:** Monthly payments are available to certain widows, children, and dependent parents of deceased veterans. Benefits may include loans, hospitalization, dependency and indemnity compensation, pension, housing, life insurance, etc.

**Eligibility:** Specific eligibility requirements can be ascertained by the local representative of the North Carolina Department of Veterans Affairs.

**Contact:** Local office of the North Carolina Department of Veterans Affairs

#### **Old Age Assistance (OAA)**

**Service:** This service offers cash subsistence payments to help provide for the minimum requirements for food, shelter, clothing, and other minor medical and personal needs. An individual receives a monthly check, the amount varying according to his resources and needs.

Any OAA recipient is also eligible to receive medical, dental, and pharmaceutical services which are paid for by the old age assistance program. Payment for these services goes directly to the hospital, dentist, or pharmacy, not to the recipient. Payment is provided for hospital in-patient and out-patient services including X-ray and laboratory services but excluding emergency room visits and psychiatric out-patient visits. In dental services, payments provide for emergency pain relief, fillings, extractions, and repairs to dentures. Payment is also made for legend prescription drugs, with the recipient paying the first dollar toward the prescription.

An additional service provides payment (within certain limitations) for care in licensed homes for the aged and in family care homes. Payment is also made for skilled nursing services in licensed nursing homes, or nursing care at home where there is clearly a demonstrable need, as ordered by the attending physician.

**Eligibility:** Payments can be made to persons 65 years of age or older who have lived in North Carolina for at least a year prior to application. An individual living in a public institution, or an institution where he is being treated for, or has been diagnosed as having, tuberculosis or a mental disease is ineligible to receive any payment. The applicant must be unable to meet some

## **30 SERVICES TO ELDER CITIZENS**

or all of the basic needs from his own income. Subsistence needs for one individual are calculated to be approximately \$104 per month. Any resource, such as savings, other income in the home where the applicant is living, or real property (except one's home) over and above \$500 is considered available for subsistence expenses.

**Contact:** County Department of Public Welfare

### **Old Age, Survivors' And Disability Insurance (OASDI): Disabled Adult Child's Benefits**

**Service:** In a family receiving Social Security survivors insurance benefits, a child, or an adult disabled in childhood, generally receives 75 percent of the amount the worker would have received at retirement. In a family receiving monthly Social Security retirement or disability benefits, the amount received is 50 percent of the worker's benefits.

**Eligibility:** Benefits are payable to a person with a mental or physical impairment who: (1) became disabled before reaching 18 years of age; (2) is so severely disabled that he is unable to do any substantial work for pay; (3) is single when benefit payments start; (4) and is the son or daughter of a parent who is entitled to social security retirement or disability benefits, or whose parent was insured at the time of death. Childhood disability benefits may also be paid to the adopted children and step-children of the worker.

**Contact:** Social Security District Office (See listing page 38.)

### **Husband's Insurance Benefits**

**Service:** Persons found eligible to receive husband's insurance benefits are entitled to monthly payments ranging from \$27.50 to \$105, depending upon the average earnings of the person and the number of years she worked under social security.

**Eligibility:** Recipients must be the husband of a woman drawing a disability or old-age insurance benefit and must prove at least half of his support is furnished by his wife. If he is between 62 and 72, earnings of over \$1680 in a calendar year will preclude full payment.

**Contact:** Social Security District Office (See listing page 38.)

### **Lump-Sum Death Payments**

**Service:** Persons found eligible for "lump-sum death payment" are entitled to a lump-sum ranging from a minimum of \$165 to a maximum of \$225 depending upon the average earnings of the person and the number of years he was working under social security. These funds are normally given to cover funeral expenses.

**Eligibility:** There is a lump-sum payable at the death of any person who has worked long enough to be insured under Social Security. It is paid to the surviving spouse if they were living together at the time of death. If there is

no living spouse, the person who assumes responsibility for the funeral may file application to have it paid to the funeral home. A person who pays the funeral bill may file as equitably entitled. Recipients must be either fully or currently insured. (Consult work requirement chart page 35.)

**Contact:** Social Security District Office (See listing page 38.)

### **Old Age Insurance Benefits**

**Service:** Persons found eligible to receive old-age insurance benefits are entitled to monthly payments ranging from \$55 to \$218 depending upon the average earnings of the person and the number of years he was working under Social Security.

**Eligibility:** Recipients must be at least 65 for full benefits; however, there are reduced benefits available at age 62. Recipients must have worked in employment or self-employment covered by Social Security from one and one-half to 10 years, depending upon age. If a beneficiary between the ages of 62 and 72 works and earns over \$1680 in a calendar year, he does not receive a full year's benefit. Only earnings count in this "work test"; other income does not count. Recipient must be fully insured. (Consult work requirement chart page 35.)

**Contact:** Social Security District Office (See listing page 38.)

### **Parent's Insurance Benefits**

**Service:** Persons found eligible to receive parent's insurance benefits are entitled to monthly payments ranging from \$55 to \$179.90 depending upon the average earnings of the deceased worker and the number of years he worked under Social Security.

**Eligibility:** The wage earner must be deceased, and the parent must have been dependent upon the wage earner for at last half of his support. If the parent is between the ages of 62 and 72, earnings of over \$1680 in a calendar year will preclude full payment. Recipients must be either fully or currently insured. (Consult work requirement chart page 35.)

**Contact:** Social Security District Office (See listing page 38.)

### **OASDI: Widow's Insurance Benefits**

**Service:** Persons found eligible to receive widow's insurance benefits are entitled to monthly payments ranging from \$55 to \$179.90, depending upon the average earnings of the deceased worker and the number of years he worked under Social Security. A widow can also receive a reduced benefit at age 60. Beginning March 1968, a widow who is unable to work because of severe disability, and whose husband worked long enough under Social Security, may be able to get monthly benefits as early as age 50. A widow will be considered disabled only if she has a physical or mental impairment that is severe enough to prevent any gainful work and the impairment has lasted, or is expected to last, 12 months or more.

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**Eligibility:** Recipients must be the widow of a deceased man who has sufficient credit under Social Security to be either fully or currently insured at time of death. To receive disability benefits, the recipient must be the widow of a worker who died fully insured. If the recipient is between the ages of 62 and 72, earnings of over \$1680 in a calendar year will preclude full payment.

**Contact:** Social Security District Office (See listing page 38.)

### **Widow's Insurance Benefit With Dependent Children**

**Service:** Persons found eligible to receive widow's insurance benefits with dependent children are entitled to monthly payments ranging from \$41.30 to \$163.50, depending upon the average earnings of the deceased worker and the number of years he worked under Social Security.

**Eligibility:** An eligible person must be the widow of a wage earner who met the insured status requirements under the Social Security law and have "in her care" a "child" of the deceased wage earner entitled to benefits. Earnings by the recipient of over \$1680 in a calendar year will preclude full payment. At time of death, the deceased must have been fully or currently insured. (Consult work requirement chart page 35.)

A divorced wife is eligible for monthly payments if before the worker's death, she is dependent on him for her support pursuant to a court order or agreement, and if she has in her care his child who is also entitled to payments.

**Contact:** Social Security District Office (See listing page 38.)

### **OASDI: Widower's Insurance Benefits**

**Service:** Persons found eligible to receive widower's insurance benefits are entitled to monthly payments ranging from \$55 to \$179.90 depending upon the average earnings of the deceased worker and the number of years she worked under Social Security.

**Eligibility:** An eligible person must be the widower of a woman who was fully insured. In addition, he must prove that he was receiving at least half of his financial support from her earnings. If the recipient is between the ages of 62 and 72, earnings of over \$1680 in a calendar year will preclude full payment.

**Contact:** Social Security District Office (See listing page 38.)

### **Wife's Insurance Benefit**

**Service:** Persons found eligible for wife's insurance benefits are entitled to monthly payments ranging from \$27.50 to \$105, depending upon the average earnings of the husband and the number of years he worked under Social Security.

A woman who is eligible for benefits based on her own earnings and also for wife's benefits based on the earnings of her husband will receive an amount equal to the larger of the two benefits. The monthly payments to a wife will be one-half the amount of her husband's monthly payment.

**Eligibility:** Recipients must have reached age 62 and be the wife of a man drawing a disability or old-age insurance benefit. If a wife between the ages of 62 and 72 works and earns over \$1680 in a calendar year, she does not receive a full year's benefit.

**Contact:** Social Security District Office (See listing page 38.)

#### **Wife's Insurance Benefit With Entitled Child**

**Service:** Persons found eligible for wife's benefits with entitled child are entitled to monthly payments ranging from \$27.50 to \$109, depending upon the husband's average earnings and the number of years he worked under Social Security.

**Eligibility:** Recipients must be the wife of a wage earner entitled to old-age or disability insurance benefits and must have in her care a child of the wage earner who is entitled to the benefits. A wife's earnings over \$1680 in a calendar year will preclude full payments. The monthly payment to a wife, or dependent child, will be one-half the amount of her husband's monthly payment.

**Contact:** Social Security District Office (See listing page 38.)

#### **Retirement For Employees Of Political Subdivisions**

**Service:** A member of this retirement system may receive an allowance at any time after age 60 for service as a general employee, or after age 55 for service as a policeman or other law enforcement officer or as a fireman. Early immediate retirement is possible for a general employee prior to age 60 or for a policeman prior to age 55, if such member has earned credit for not less than 20 years.

If a person separates from service prior to retirement, he may keep his membership by devoting not less than one out of eight consecutive years to the duties of a position covered by the Retirement System. An employee who leaves service after he has completed 20 years of creditable service is entitled to a deferred retirement allowance, starting at his normal retirement age; furthermore, if he has rendered 30 years of creditable service, he may elect to receive an early retirement allowance, starting immediately.

Any member who becomes disabled prior to age 60 after having earned credit for not less than ten years of service may be entitled to an immediate disability benefit. Upon death of a member in active service, contributions are paid to the designated beneficiary. At age 65, a member in active service may plan for the protection of his beneficiary in the event of his death.

Contributions toward retirement are paid by both the employer and the employee. Allowance for retirement at or after age 65 is computed as a percentage of the average of the five best consecutive calendar years salary. For example, benefits from a salary average of \$4800 would be \$900 per year for 15 years of service, \$1800 for 30 years of service, and \$2400 for 40 years of service.

**Eligibility:** Any person employed by a participating unit of the Retirement System in a regular position prior to age 60 must be enrolled. The employee

## 34 SERVICES TO ELDER CITIZENS

contributes a certain number of service hours per year to participate in the System.

**Contact:** Local Agency Head Where Employed  
Chief Administrative Officer of the Local Retirement System Unit  
North Carolina Local Governmental Employees' Retirement System,  
Raleigh, North Carolina

### **Retirement For Teachers And State Employees**

**Service:** A member of this retirement system may receive a retirement allowance for service at any time after age 60 without regard to years of credit service. Early retirement is possible after having attained age 50 and having completed 20 or more years of creditable service. If a person separates from service before retirement and has less than 12 years of creditable service, he may retain his membership by devoting not less than one out of eight consecutive years to the duties of a position covered by the Retirement System. A person with 12 or more years service may separate from service prior to age 60, not withdraw his contributions, and be entitled to a retirement allowance at age 60 or later. There is also a retirement provision for disability occurring while in active service prior to age 60 but after earning credit for not less than ten years of service.

Contributions toward retirement are paid by both the employer and the employee. Allowance for retirement at or after age 65 is computed as a percentage of the average of the five best consecutive calendar years salary. For example, benefits from a salary average of \$4800 would be \$900 per year for 15 years service, \$1800 for 30 years service, and \$2400 for 40 years service.

These benefits are in addition to Social Security benefits. An employee who has rendered 35 years of service and who retires at age 65 would receive from the Retirement System and from Social Security combined approximately half-pay during retirement. Disability benefits are payable at earlier ages.

Upon death of a member in active service, contributions will be paid to the designated beneficiary. In addition to a refund of contributions, a death benefit equal to one year's salary, not to exceed \$15,000, will be paid to any member who has as much as one full year service. At age 55, a member in active service may plan for the protection of his beneficiary in monthly benefits in event of his death.

**Eligibility:** A regular teacher or a full-time employee of a county board of education, city board of education, or of the State, prior to age 60, must be enrolled in the Retirement System. Highway patrolmen, agents of the State Bureau of Investigation, and other law enforcement officers may join the Law Enforcement Officers' Benefit and Retirement Fund or this system. Justices of the Supreme Court and judges of the Superior Court are also covered by a different system.

**Contact:** State Agency Head where employed  
Superintendent of Schools  
Teachers' and State Employees' Retirement System,  
Raleigh, North Carolina

**Social Security Program For Employees Of The State Of North Carolina  
And Of Its Political Subdivisions**

**Service:** This program extends Social Security coverage to employees of the State and its political subdivisions.

**Eligibility:** Coverage is extended to both a group of employees in the service of a political subdivision whose positions are covered by a retirement system (Local Governmental Employees' Retirement System, Law Enforcement Officers' Benefit and Retirement Fund, etc.) and a group of employees in the service of a political subdivision whose positions are **not** covered by a retirement system (positions of part-time or temporary employees).

Coverage may be extended to a retirement system group only after a majority of the members vote in favor of coverage. The Teachers' and State Employees' Retirement System members secured coverage as a single group.

**Contact:** District Social Security Office (See listing page 38.)

North Carolina Public Employees' Social Security Agency,  
Raleigh, North Carolina

Contact local postmaster for the date when the field representative of the Social Security office will be in your community.

**The Amount Of Work Required To Be Fully Insured Under The Federal Insurance  
System Of Social Security**

You are fully insured if you have credit for at least as many years as shown on the appropriate line of the following chart.

<b>A worker who reaches 65 (62 for women) or dies</b>	<b>Will need credit for no more than this much work</b>
In 1957 or earlier	1½ years
1958	1¾
1959	2
1960	2¼
1961	2½
1962	2¾
1963	3
1964	3¼
1965	3½
1966	3¾
1967	4
1968	4¼
1969	4½
1970	4¾
1971	5
1975	6
1979	7
1983	8
1987	9
1991	10

## HOME CARE AND COUNSELING

### Casework Services

**Service:** Casework services provide counseling with older persons or their families on problems of everyday living and help in establishing protective services for older persons who need assistance in managing their affairs. This may involve appointment of a personal representative or of a legal guardian.

Help is given to aged persons in finding suitable independent housing or in finding care in homes for the aged or family care homes appropriate to their needs. Help is also given to aged persons no longer in need of treatment in one of the State mental institutions in planning for their return to community living. The preparation of social studies and help in admission planning to aged persons needing treatment in one of the State mental institutions is an important function of the casework program.

Referral services for needed medical care, especially hospitalization, as determined by the individual's physician are provided as well as referral for dental care or for obtaining any other aids such as for walking, hearing, etc.

Rehabilitative services help aged people to retain or regain as much independence in living as possible. Services, as needed, are provided for recipients of old age assistance as well as referral to nursing homes.

**Eligibility:** There are no age or residence restrictions for casework services. Welfare recipients may demonstrate a greater need for services, yet this is not used as a set requirement for qualification.

**Contact:** County Department of Public Welfare

### Homemaker Services For The Aged

**Service:** A Homemaker's job is to strengthen family life and to help people remain in their own home. Although the Homemaker is not to serve as a maid or a nurse, she may perform some routine housekeeping duties such as changing bed linens and doing light laundry and ironing. She can help the client to have nutritious and well-prepared meals and may provide a limited amount of transportation for the client.

Under the supervision of professionally trained personnel, the Homemaker may help with personal services such as bathing, shampooing hair, dressing and bedside care of the type usually given by a member of the family. She can also furnish companionship and friendliness, read or write letters, read articles of interest to the person, or serve as a good listener.

**Eligibility:** There is no set formula for qualifications for Homemaker Service. Caseworkers in the county welfare department usually decide if the use of this service will assure better care for the individual involved. The applicant must both desire to live independently and have frequent need for supporting services.

**Contact:** County Department of Public Welfare

### **Services For Aging In Their Own Home Or In The Home Of A Relative**

**Service:** All casework and referral services are available. Financial assistance may be received if the applicant meets all eligibility requirements for old age assistance. Provision for medical and dental care or any other medical aids can be made. Provision is also made to pay for attendant and home nursing services to disabled public assistance recipients who need this service. Homemaker Services are available to those needing it; if Homemakers are not in the person's county, some provision can be made for housekeeping services.

Several programs have been initiated in certain counties to help aging citizens. The "Friendly Visiting Program" is an organized plan for volunteer service in visiting aged, lonely, or shut-in persons in the community.

Other counties plan to adopt the "meals on wheels" program originated in Forsyth County. This program will be expanded to provide two meals (one hot, the other cold) Monday through Friday for older persons who are unable to prepare their meals for themselves.

**Eligibility:** Welfare recipients may demonstrate a greater need for the services offered, yet this is not used as a set requirement for many of these services.

**Contact:** County Department of Public Welfare

## **HOMES FOR THE AGED**

### **Nursing Home**

**Service:** Nursing homes provide medical and nursing care for persons with remedial and other ailments. There are combination nursing homes and boarding homes for the aged and infirm.

**Eligibility:** The patient in the nursing home is admitted because he has a primary need for nursing care and a requirement for continuing medical supervision.

**Contact:** Patient's Attending Physician  
Local County Health Director or  
Nursing Homes Section  
State Board of Health  
Raleigh, North Carolina

### **Proprietary Homes, Non-Profit Homes, Family Care Homes**

**Service:** The protective and preventive services of proprietary homes for the aged, non-profit homes for the aged, and family care homes for the aged are intended to sustain the resident at the highest level of functioning. The programs provide more than just room and board, but in addition an opportunity for further creative contribution to the community. Regular visits are made by the residents to various places in the community, and bookmobile services are usually available.

Financial assistance may provide for all or part of the cost of care in licensed homes for the aged and infirm and family care homes up to \$160 per

month. Above the specific cost of care charged by the home, a resident may receive an addition \$10 for medical needs and \$5 for clothing. Old age assistance eligibility requirements are used to determine qualifications for financial assistance. Casework and referral services are available to residents of a home.

**Eligibility:** The resident should need protective and preventive services. The reason for home placement should not be for lack of better housing.

This service is also for those persons who are in hospitals but who are no longer in need of treatment and who could be released if they had a place to go.

A resident must undergo a physical examination. He or she may be referred by the county department of public welfare or directly by his or her own family.

**Contact:** County Department of Public Welfare

#### SOCIAL SECURITY ADMINISTRATION DISTRICT AND BRANCH OFFICES SERVICING NORTH CAROLINA

District and Branch Office Addresses	Counties Served
50 S. French Broad Ave. Asheville, N. C. 28801	Avery, Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, McDowell, Macon, Madison, Mitchell, Polk, Swain, Transylvania, Yancey Alamance
408 Spring St. Burlington, N. C. 27215	
2923 E. Independence Blvd. Charlotte, N. C. 28205	Cabarrus, Mecklenburg, Stanley, Union
2022 Guess Road Durham, N. C. 27705	Chatham, Durham, Granville, Lee, Orange, Person
401 South Dyer St. Elizabeth City, N. C. 27909	Ocracoke in Hyde County
301 Green Street Fayetteville, N. C. 28301	Harnett, Hoke, Moore, Cumberland, Sampson
1320 E. Franklin Ave. Gastonia, N. C. 28052	Cleveland, Gaston, Lincoln, Rutherford
311 E. Walnut St. Goldsboro, N. C. 27530	Duplin, Greene, Wayne
1327 Beaman Place Greensboro, N. C. 27408	Caswell, Halifax, Rockingham
205 Boyd Ave. Greenville, N. C. 27834	Beaufort, Bertie, Chowan, Hyde (except for Ocracoke), Martin, Pitt, Tyrrell, Washington

**District and Branch Office Addresses**

**Counties Served**

25 1st Ave., N. E.  
Hickory, N. C. 28601

Alexander, Burke, Caldwell, Catawba,  
Watauga

422 N. Wrenn St.  
High Point, N. C. 27261

Davidson (following post offices only —  
Thomasville, Wallburg), Guilford  
(following post offices only — High  
Point, Jamestown, Julian), Randolph  
Robeson, Scotland

500 Chestnut St.  
Lumberton, N. C. 28358

810 W. Vernon St.  
Kinston, N. C. 28501

Lenoir

308 New St.  
New Bern, N. C. 28561

Carteret, Craven, Jones, Onslow,  
Pamlico

309 Ninth Street  
North Wilkesboro, N. C. 28659

Alleghany, Ashe, Wilkes

1122 Hillsborough Street  
Raleigh, N. C. 27603

Franklin, Johnston, Vance, Wake,  
Warren

1100 Roanoke Ave.  
Roanoke Rapids, N. C. 27870

Halifax, Hertford, Northampton

221-223 South Hancock St.  
Rockingham, N. C. 28379

Anson, Richmond, Montgomery

226 Hill Street  
Rocky Mount, N. C. 27802

Edgecombe, Wilson, Nash

105 Corriher Ave.  
Salisbury, N. C. 28144

Davidson (following post offices only —  
Denton, Erlanger, High Rock, Jackson  
Hill, Lexington, Linwood, Southmount,  
Welcome), Davie, Rowan  
Iredell

124 Court St.  
Statesville, N. C. 28677

14 S. 16th St.  
Wilmington, N. C. 28401

Bladen, Brunswick, Columbus,  
New Hanover, Pender

533 North Spring St.  
Winston-Salem, N. C. 27101

Forsyth, Stokes, Surry, Yadkin

220 W. Brambleton Ave.  
Norfolk, Va. 24510

Camden, Currituck, Dare, Gates,  
Pasquotank, Perquimans

## IV. SERVICES TO PEOPLE WITH EMOTIONAL AND MENTAL PROBLEMS

### COUNSELING AND TREATMENT OF DRUG ADDICTS

**Service:** Facilities of the Department of Mental Health provide counseling and treatment for drug addicts.

**Eligibility:** Anyone in North Carolina is eligible for services. Out-of-state patients may be received on emergency. The charge for treatment is based upon the individual's ability to pay.

**Contact:** Nearest Mental Health Center  
Local Health Department  
County Department of Public Welfare

### SERVICES TO THE MENTALLY ILL AND THE ALCOHOLIC

#### Alcoholics

**Service:** The Alcoholic Rehabilitation Center at Butner provides counseling, out-patient treatment, and in-patient treatment for alcoholics. Local mental health programs also offer services.

**Eligibility:** Anyone in North Carolina is eligible for these services. Out-of-state patients may be received on emergency. The charge for treatment is based upon the individual's ability to pay.

**Contact:** Nearest Mental Health Center  
County Department of Public Welfare  
Local Health Department

#### Hospitalization Of The Mentally Ill And The Alcoholic

**Service:** In-patient care and treatment is provided for the mentally ill and inebriate. Every effort is made to give the individual a maximum opportunity for prompt medical care, protection against emotionally degrading or harmful treatment such as trial by jury or jailing and protection against wrongful confinement. In certain counties, facilities are available for part-time care for people with mental diseases at day hospitals or night hospitals.

**Eligibility:** A person who believes himself to be threatened by a mental disorder or alcoholism may go voluntarily to a mental hospital for a 30-day observation period and treatment. A person may also be hospitalized upon certification of two physicians that he is in need of observation and treatment for mental illness or inebriacy. Hospitalization can also be effected by legal commitment. Cost of care is determined by an individual's ability to pay.

**Contact:** Nearest Mental Health Center  
Local Health Department  
County Department of Public Welfare

#### **Services To The Mentally Ill — Local And Regional Facilities**

**Service:** Local mental health centers or clinics, mental hospitals, and some general hospitals are for anyone suspected to be mentally disturbed. Care, rehabilitation, treatment, and consultation are also available for anyone known to be mentally disturbed. After care is arranged by the hospital and the local mental health center for the patient, he is discharged from a State Hospital.

**Eligibility:** Anyone residing in North Carolina is eligible for free diagnosis. The cost of care or treatment is determined according to a person's ability to pay.

**Contact:** Nearest Mental Health Center  
Local Health Department  
County Department of Public Welfare

#### **SERVICES TO MENTALLY RETARDED INDIVIDUALS**

**Service:** Through the Department of Mental Health, local mental health centers or clinics hold psychiatric examinations of mental ability and other personality traits. Counseling is also available with regard to treatment or possible vocations.

Provision may also be made through the mental health centers for custodial care and for rehabilitation of trainable and educable mentally retarded individuals.

**Eligibility:** Anyone who resides in North Carolina and who is suspected or known to be mentally retarded is eligible for services. Examinations and counseling at county mental health centers or clinics are free of charge. Cost of treatment is determined according to the individual's ability to pay.

**Contact:** Nearest Mental Health Center or Clinic  
Local Health Department  
County Department of Public Welfare

#### **PSYCHOLOGICAL SERVICES**

**Service:** The Psychological Services Section of the State Department of Public Welfare conducts psychological clinics in the offices of the county department of public welfare. A wide variety of cases is seen at these clinics. Infants being considered for adoption may be evaluated as early as three months of age to determine their rate of development. Pre-school children are evaluated to determine readiness for school entrance. Many children believed to be mentally retarded are evaluated for placement in special education classes for educable or trainable children, in public or private schools. Some have serious reading or speech difficulties. Some have behavior problems or are emotionally disturbed. The most serious cases are referred to a psychiatric clinic or

hospital. A psychological evaluation may be required as a prerequisite for admission to a child-caring institution, foster boarding home, correctional training school, or institution for the retarded.

Adult cases include those applying for disabled adult child benefits under the Federal Old Age, Survivors and Disability Insurance Program, those applying for aid to the permanently and totally disabled, or for referral to the Eugenics Board for consideration for sterilization. Others may be referred to determine their potentialities for vocational rehabilitation, for assuming the responsibility of caring for children, or of looking after their own finances. Seriously disturbed individuals are referred to a psychiatric center or hospital.

Each case is interviewed individually, and the tests administered are carefully chosen to meet the needs of the person. After consultation with parents, teachers, caseworkers, and others who may be concerned, the psychologist makes specific suggestions to be followed up by the caseworker, parents, and/or the teacher. A detailed written evaluation is submitted on each case.

**Eligibility:** Psychological Services are available free of charge to anyone of any age, irrespective of racial, social, or financial status. Referrals come directly to the county department of public welfare, where the caseworkers gather the social history data and prepare the referrals to be sent in to the State office. Cases can usually be seen in a few weeks.

**Contact:** County Department of Public Welfare

### **STERILIZATION**

**Service:** The sterilization program under the Eugenics Board of North Carolina is intended to protect persons whose impairments seriously handicap their assuming the responsibilities of parenthood.

**Eligibility:** The law provides for sterilization of persons who are mentally ill or mentally retarded. It must be shown however, as the result of social, medical, psychiatric, and/or psychological study, that sterilization is appropriate. The law provides for voluntary sterilization when both the individual and the next of kin desire this. The consent of both is necessary. The legal framework for involuntary sterilization is provided also and is used when, in the opinion of the community, this is desirable.

The director of public welfare in the county of residence is responsible for filing the petition. In the case of individuals in institutions operated by the Department of Mental Health, the superintendent of the institution has this responsibility.

**Contact:** County Department of Public Welfare

## V. GENERAL HEALTH SERVICES

### CHRONIC DISEASES

#### Cancer Detection

**Service:** The State Board of Health operates 20 cancer clinics and five diagnostic clinics for the detection of cancer. The State Laboratory reads the Papanicolaou smears taken in these clinics, as well as those sent from private physicians, state institutions, and prenatal and family planning clinics of local health departments.

**Eligibility:** Any adult man or woman is eligible for a cancer clinic examination. There is no charge made.

**Contact:** Local Health Department  
Family Physician  
Cancer Clinic

#### Hospitalization For Diagnosis And Treatment Of Cancer

**Service:** Adult patients may be hospitalized without charge for three days for diagnosis of suspected cancer by biopsy. Hospitalization (maximum 15 days) is also provided without charge for surgical or irradiation treatment of proven cancer if there is a reasonable chance of cure. Chronically ill cancer patients needing terminal care may be referred to the Lumberton Cancer Institute.

**Eligibility:** Patients should be referred for hospitalization by their private physician. Cost of hospitalization is financed by the Cancer Section of the State Board of Health upon certification of need by the county department of public welfare.

**Contact:** Local Health Department  
Family Physician  
Cancer Clinic

#### Chest Clinics

**Service:** Services using some type of X-ray examination are available to all citizens. Tuberculosis tests are often necessary for medical reports on application forms or for health qualifications in various activities. A regular check-up is also a common reason for requesting the examination service. A person does not have to wait to see the physician if it is not necessary. He may be quickly examined.

The chest clinics are attended by qualified physicians and physicians from the State Sanatorium System who may prescribe drugs and treatment. The clinic also takes charge of aftercare for former sanatorium patients.

## **44 GENERAL HEALTH SERVICES**

**Eligibility:** Anyone is eligible for services, usually free of charge. If a person can afford to pay a very slight cost for the X-ray examination or for drugs, he may be asked to do so.

**Contact:** Local Health Department

### **Tuberculosis Control**

**Service:** Local health departments offer testing for tuberculosis by nurses and qualified physicians, usually by the tuberculin skin test followed by X-ray of the chest if necessary. If hospitalization on account of active tuberculosis is necessary, a patient may receive assistance in completing sanatorium application. No patient is refused admission to the State Sanatorium System on the grounds of inability to pay.

Chest clinic services are available in most local health departments. These services are available to any person of any age who needs evaluation and consultation regarding tuberculosis. There is no charge except possibly a nominal one for those who can pay. The clinics also take charge of aftercare for former sanatorium patients and examinations for people who have been in close contact with somebody with the disease. Reports can be sent upon request to any qualified physician and any physician may refer patients to the clinics.

Tuberculosis tests often form part of regular health check-ups. The necessity for these periodic tests are more important in some people: (1) those known to have been infected (who have a positive tuberculin skin test); (2) young children, so that, in case of infection, treatment can be offered before actual disease has time to develop later in life; (3) teachers, because they are in close contact with children; (4) those known to have "scars" on their lungs.

**Eligibility:** Anyone is eligible for services.

**Contact:** Local Health Department

### **State Sanatorium Hospitals (Four In North Carolina)**

**Service:** In-patient care is provided at the hospitals including medical treatment and surgery. Out-patient clinics are operated for those patients who may need only drugs or supervisory care. The out-patient clinics are also used as diagnosis centers for persons wishing to receive the tuberculosis X-ray examination. Aftercare for former sanatorium patients may also be undertaken in the out-patient clinic of a State Sanatorium Hospital.

**Eligibility:** A patient should be referred to the sanatorium hospital by a physician in the local health department. Although a private physician may deal directly with the sanatorium, it is advisable for all applications to be handled by the health director in the applicant's county. There is usually no charge for care in the State Sanatorium Hospitals. If a patient can afford to pay for the cost, then he may be requested to contribute a small sum.

**Contact:** Local Health Department

### Home Care For Heart Ailments And Chronic Diseases

**Service:** Home services as prescribed by the physician are carried out through nurses, physical therapists, homemakers, social workers, nutritionists, occupational and speech therapists, and others. Home care can prevent hospitalization, provide rehabilitation, and preserve family unity.

**Eligibility:** People of all ages may receive short or long term care in their private homes. Patients with heart disease, multiple sclerosis, fractures, arthritis, and many others benefit from home care.

Service will be rendered upon the first call of the family directly to the local health department. Any further visits must be requested by the public health or private physician. Although the patient may be requested to pay for home care, Blue Cross Insurance, local health and welfare agencies, and voluntary community organizations may pay part of the cost of care.

**Contact:** County Department of Public Welfare  
Local Health Department

### Regional Neurology Clinics

**Service:** Comprehensive screening and diagnostic evaluation of neurological disorders with special emphasis on convulsive seizures.

Locations: Greenville, Fayetteville, Raleigh, Salisbury

**Eligibility:** Any child or adult residing in North Carolina is eligible. Parents able to support all or part of their medical services are asked to pay that portion.

A patient must be referred to this specialized clinic by a physician.

**Contact:** Local Health Departments in above mentioned cities  
or  
Chronic Disease Section  
State Board of Health  
Raleigh, North Carolina

### Venereal Disease Program

**Service:** Free diagnostic testing, free physician examinations, and free treatment and drugs, if needed, are provided by local health departments. If the health department is not conveniently located, the health director will make the same services available through a private physician upon request. Informational and educational services are available for individuals or groups.

**Eligibility:** These services are available to anyone.

**Contact:** Local Health Department  
Private Physician where health clinic services are not available

### **HEALTH REFERRAL PROGRAM**

**Service:** The Health Referral Program provides counseling and referral service to motivate medically disqualified examinees for military service to seek treatment or rehabilitation for correctable or controllable conditions.

**Eligibility:** Any individual who is rejected for military service for medical reasons.

**Contact:** Counselors at Armed Forces Examination Stations in Regional  
                  Offices throughout the State  
                  State Board of Health  
                  Raleigh, North Carolina

### **HOMEMAKER SERVICE**

**Service:** Homemaker Service enables patients recently discharged from a hospital to return to their own homes. The Homemaker will help with tasks that the discharged patient cannot adequately manage alone, such as clean house, buy groceries, plan meals, give baths, etc. Homemaker Service stresses aiding the person to regain self care.

**Eligibility:** Any discharged patient or the relative or friend of such a patient may request Homemaker Service from the county department of public welfare. This agency will study the situation; if this service appears to be a good solution, every effort will be made to provide it.

**Contact:** County Department of Public Welfare

### **IMMUNIZATION AND SCREENING**

#### **Immunization**

**Service:** Regular and special clinics at the public health department offer to the public immunization against polio, typhoid, smallpox, rabies, hepatitis, measles in children, tetanus, and diphtheria. Free testing is also available for tuberculosis and scarlet fever detection. Parents should be mindful of the importance of their children's full immunization.

**Eligibility:** The vaccines available are provided free of charge to any citizen of North Carolina, although people who can afford to pay a private physician should seek immunization from that source.

**Contact:** Family physician  
                  Local Health Department

#### **Metabolic Screening Program**

**Service:** The Laboratory Division in conjunction with the Maternal and Child Health Section of the State Board of Health offers the fluorometric blood

phenylalanine test as a PKU screening technique for all newborn infants in North Carolina. The blood specimens from the children are collected on filter paper during the initial hospitalization after birth and are mailed to the State Laboratory who returns the results to the sender. The infant must have 24 hours of formula or 48 hours of breast feeding before test is valid. Local health departments and private physicians are aiding in testing children leaving the hospital without having the test performed. The test is also a great asset in evaluating and following the diet regulation of known or newly discovered PKU patients. Immediate medical consultation is available in this program and the State Laboratory Division will furnish all materials needed to begin the test.

**Eligibility:** Any person in North Carolina is eligible for the test but it is especially aimed at newborns.

**Contact:** Local Health Department  
or  
Maternal and Child Health Section  
State Board of Health  
Raleigh, North Carolina

## NUTRITION SERVICES

### Food Assistance Programs

**Service:** Two programs are available for providing food assistance to low income families. The Food Stamp Program requires participating families to convert the money normally spent for food (determined by size of family and income) into food coupons. Assistance is then given in the form of free or bonus coupons issued at the time of purchase. Under the Commodity Distribution Program, various foods such as canned beef, dry milk, lard, dried eggs, etc. are distributed to eligible families.

**Eligibility:** Families may become eligible for participation in either program upon certification of need by the county department of public welfare. Families who are public assistance recipients are normally eligible for food assistance. Eligibility of other needy families, not categorically eligible for assistance payments, is determined by the relationship between family size and income.

**Contact:** County Department of Public Welfare

### Nutrition Program

**Service:** Information on good eating habits and diet therapy is given to the general public on request.

**Eligibility:** This service is available to anyone in North Carolina who desires accurate nutrition information.

**Contact:** Local Health Department

**PUBLIC HEALTH NURSING PROGRAM**

**Service:** Public health nurses provide services to all age groups: children and maternity patients; patients with tuberculosis, venereal diseases, cancer, acute communicable diseases; and those who are handicapped for any health reasons. Family health counseling is the nurse's primary function, and a major emphasis is placed on the prevention of illness and the promotion of good health. It also includes giving or supervising nursing care of the sick and injured, and carrying out nursing skills for treatment and rehabilitation. The public health nurse also interprets to the patient and family the implications of the diagnosis and the nature of the treatment consistent with the wishes of the physician. She plans, with the family and physician, care which is feasible within the physical, financial, and emotional resources of the family. She teaches basic principles of healthful living, guides families toward self-help in recognition and solution of physical, emotional, and environmental health problems, and provides families with information, support, and encouragement.

**Eligibility:** Services are usually open to the public although certain programs are designed for the disadvantaged.

**Contact:** Local Health Department

HEALTH INSURANCE (MEDICARE) — See Section III, page 28.

## VI. SERVICES TO THE HANDICAPPED

### EMPLOYMENT SERVICES

#### Employment Services For The Deaf

**Service:** This service provides special counseling for graduates of the Morganton School for the Deaf. Assistance is given in job screening, preparing employment applications, arranging interviews with employees, and accompanying deaf applicants during interviews with prospective employers. The program also arranges with the Vocational Rehabilitation Program for funds for advanced on-the-job training.

**Eligibility:** Applicants must be residents of North Carolina and must be either totally, or partially deaf, or hard of hearing to the extent that the individual is unable to make progress or participate in a public school. This service is especially available to individuals living in institutions.

**Contact:** Mr. Earl Elkins  
State Department of Labor  
Raleigh, North Carolina

#### Jobs Adapted To The Handicapped

**Service:** Specialists from the Industrial Extension Service encourage a handicapped person's prospective employer to adapt the machine for the handicapped person's particular abilities. This service is provided upon request to any business establishment in North Carolina.

**Eligibility:** The program is especially intended for the handicapped person who desires to work at his previous job and possesses a now unemployable skill. Inquiries should include all pertinent information concerning the particular skill of such handicapped persons.

**Contact:** Industrial Extension Service  
School of Engineering  
North Carolina State University  
Raleigh, North Carolina

#### Rehabilitation Services For The Blind

**Service:** Case finding, counseling and guidance, physical restoration, vocational training, job placement, and other indicated services are available in preparing blind people for employment. Workshops provide sheltered employment for the blind. Training in home industries projects for supplementing income is available.

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Adjustment to blindness training is available at the North Carolina Rehabilitation Center for the Blind at Butner, North Carolina.

Training and employment in vending stands located in State and Federal buildings and in industrial plants are available through the State Rehabilitative program. Also, training and employment in the seven workshops for the blind are available as well as in industrial plants when arranged by the agency. Complete evaluation is provided through the Raleigh Lions Clinic for the Blind, Raleigh, North Carolina.

A program for Adolescent Adjustment has been instituted through a cooperative program of the Governor Morehead School, the Raleigh Lions Clinic for the Blind, and the North Carolina State Commission for the Blind. Also, a college preparatory course for high school graduates has been instituted at Western Carolina College.

**Contact:** Local district office of State Commission for the Blind  
North Carolina State Commission for the Blind  
P. O. Box 2658  
Raleigh, North Carolina 27602

### **Vocational Rehabilitation**

**Service:** Rehabilitation services are available for the purpose of preparing handicapped individuals to participate in gainful employment. Services include testing, counseling, medical evaluation, surgery, treatment, hospitalization, vocational training, job placement, and other services necessary for the individual's rehabilitation.

**Eligibility:** The individual must be of employable age, have a mental or physical disability which constitutes a substantial handicap to employment, and there must be a reasonable expectation that the provision of rehabilitation services will render the individual fit to engage in gainful employment.

Evaluation, counseling, and vocational training are provided without regard to the individual's financial status. The provision of other services is dependent upon the individual's financial status.

**Contact:** Local Office of Division of Vocational Rehabilitation  
Local Health Department  
County Department of Public Welfare  
or  
State Director  
Division of Vocational Rehabilitation  
Department of Public Instruction  
Raleigh, North Carolina

## **FINANCIAL ASSISTANCE**

### **Aid To The Blind**

**Service:** This program gives financial assistance to blind persons who are in need of food, shelter, clothing, etc., and who have no relatives who are legally

responsible and able to provide these payments. Monthly payments average approximately \$75.

**Eligibility:** A recipient must not be either living in a public institution or be a patient in a medical institution as a result of having been diagnosed as having tuberculosis or a psychosis. Recipients must have been a resident of North Carolina for at least one year.

**Contact:** County Department of Public Welfare

#### **Aid To The Permanently And Totally Disabled (APTD)**

**Service:** Through this program, cash payments are made to cover the minimum requirements for food, clothing, shelter, and minor medical expenses. The individual receives a monthly check, the amount varying according to his resources and needs.

Medical services are also available, with the cash payment being sent directly to the hospital where the aid is received. This includes payment for hospitalization and all in-patient expenses. Payment for out-patient services includes all laboratory and X-ray services but excludes emergency room visits and psychiatric out-patient visits. Legend prescription drugs are also included in the medical assistance program, with the recipient paying the first dollar toward the prescription cost.

An additional service provides payment (within certain limitations) for care in licensed homes for the aged and in family care homes. Payment is also made for skilled nursing services in licensed nursing homes, or nursing care at home where there is clearly a demonstrable need, as ordered by the attending physician.

**Eligibility:** The service is provided to persons between the ages of 18 and 65 who have lived in North Carolina for at least a year. The service does not cover persons living in a public institution or an institution where the patient is being treated for, or has been diagnosed as having, tuberculosis or a mental disease.

The applicant must be unable to meet some or all of his subsistence needs from his income, as calculated by the department of public welfare. Any resources such as savings, other income in the home where the applicant is living, or real property (except one's home) over and above \$500 is considered available for subsistence expenses.

An applicant must be substantially incapable of doing any work because of a physical or mental impairment which is of major importance and/or of a fairly permanent nature. The possibility that vocational rehabilitation may eventually improve the individual's condition does not necessarily disqualify him. The final determination of the applicant's disability lies with the Medical Review Team of the State Board of Public Welfare.

**Contact:** County Department of Public Welfare

#### **Disability Compensation For Veterans**

**Service:** Veterans found eligible for wartime disability compensation are entitled to monthly payments ranging from \$21 to \$300, depending on the degree of disability, with specific rates to \$850.

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Veterans found eligible for a non-service connected total disability pension are entitled to small monthly payments which vary depending upon a recipient's other resources.

**Eligibility:** Recipients must be veterans who are disabled by injury or disease incurred in or aggravated by active service in line of duty during wartime or peacetime service and discharged or separated under other than dishonorable conditions.

Generally, to be eligible for a pension, recipients must have at least 90 days honorable service during wartime, rated permanently and totally disabled, and income and other resources limited to levels prescribed by law. Further details should be obtained from a service officer at local office.

**Contact:** Local Office of North Carolina Department of Veterans Affairs

### **OASDI: Insurance Disability Benefit**

**Service:** Persons found eligible to receive disability benefits are entitled to monthly payments ranging from \$55 to \$218 depending upon the average earnings of the person and the number of years he worked under Social Security.

**Eligibility:** Recipients must meet the insured status requirement (i.e., five years of social security credits out of the last ten immediately before becoming disabled), or an alternative insured status requirement for workers who become disabled before age 31. He must have a medically determinable disability so severe that he cannot engage in substantial gainful activity, and the disability must be expected to last at least 12 months.

**Contact:** Social Security District Office (See listing page 38.)

For further information concerning benefits to the disabled, see Section IV, Pages 51, 53.

## **HOMEMAKER SERVICES FOR THE DISABLED PERSON**

**Service:** A Homemaker's job is to strengthen family life and to help people remain in their own homes. Although the Homemaker does not take the place of a maid or a nurse, she may perform some routine housekeeping duties such as changing bed linens and doing light laundry and ironing. She can help the client to have nutritious and well-prepared meals and may provide a limited amount of transportation for the client.

Under the supervision of professionally trained personnel, the Homemaker may help with personal services such as bathing, shampooing hair, dressing and bedside care of the type usually given by a member of the family.

**Eligibility:** There is no set formula for qualifications for Homemaker Services. Caseworkers in the county department of public welfare usually decide if the use of their service will assure better care for the individual concerned.

Some situations in which Homemaker Service would be appropriate are the following: (1) where an adult or couple, living alone, is unable because of illness and infirmity to manage some of the household duties with physical

and emotional safety; (2) where an adult in a hospital or other group care facility can return to his own home if some of the household duties are performed by a Homemaker; (3) where an ill or infirm adult or a handicapped child in a family may be precipitating a family breakdown due to the demands of his care.

**Contact:** County Department of Public Welfare

### **MEDICAL SERVICES**

#### **Medical Eye Care**

**Service:** This program in cooperation with health and welfare departments provides financial aid for eye examinations, glasses, artificial eyes, treatment, surgery and hospitalization for individuals of all ages.

Eye examination clinics are held in most of the counties in North Carolina. In addition, services are available in clinics at Duke, McPherson, North Carolina Memorial and North Carolina Baptist Hospitals and private offices.

Visual Aids are provided for clients who can benefit from these at North Carolina Memorial Hospital at Chapel Hill. Referrals are made to the Supervisor of Medical Services.

Glaucoma screening clinics are held through the State in cooperation with the Lions Clubs. These clinics are held for the entire public and certification is not required.

**Eligibility:** Recipients are certified as medically indigent by the director of public welfare in the county of residence.

**Contact:** County Department of Public Welfare  
North Carolina State Commission for the Blind  
P. O. Box 2658  
Raleigh, North Carolina 27602

#### **Medical Services To The Disabled — Vendor Payments**

**Service:** This program provides payment for hospitalization and covers all in-patient expenses. Payment for out-patient care includes necessary laboratory and X-ray services but excludes emergency room visits and psychiatric out-patient visits. Payment for legend prescription drugs is also available, with the recipient paying the first dollar toward the prescription.

**Eligibility:** To qualify for these services, a person must be between the ages of 18 and 65 and must have lived in North Carolina for at least one year. The service does not cover persons living in a public institution or an institution where the patient is being treated for, or has been diagnosed as having, tuberculosis or a mental disease.

The applicant must be unable to meet some or all medical expenses from his income in any one month, after having met subsistence needs. Any resources such as savings, other income in the home where the applicant is living, or real property (except one's home) over and above \$500 is considered available for medical expenses.

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The applicant must be substantially incapable of doing any work because of a physical or mental impairment which is of major importance and/or of a fairly permanent nature. The possibility that vocational rehabilitation may eventually improve the individual's condition does not necessarily disqualify him. The final determination of the applicant's disability lies with the Medical Review Team of the State Board of Public Welfare.

**Contact:** County Department of Public Welfare

### **SPECIAL SERVICES FOR THE BLIND**

#### **Library Services For The Blind**

**Service:** Talking book machines are provided free of charge to blind or physically handicapped persons, and recorded books and magazines are then loaned as a library service. The machines and recordings are sent directly to the home and can be mailed back to the library free of charge. Seventeen magazines and a typical public library selection of books, from best-sellers to classics, are available, along with magnetic tapes and large-type books.

**Eligibility:** Blind patrons must file an application and eye report form with the North Carolina Commission for the Blind to establish eligibility. Any physically handicapped person unable to hold or read conventional printed material should have a doctor, nurse, or other qualified professional person send a letter stating the applicant's name, address, and reason why talking book service is needed, to the Regional Library for the Blind.

**Contact:** North Carolina-South Carolina Regional Library for the Blind  
1124 Hillsborough Street  
Raleigh, North Carolina 27603

#### **Talking Book Machines**

**Service:** Special long playing phonographs from the United States Library of Congress are available through the North Carolina State Commission for the Blind to blind residents of North Carolina. A library of talking book records and braille books and literature is a free service available through the State Library, Division of Services for the Blind.

**Contact:** North Carolina Commission for the Blind  
P. O. Box 2658  
Raleigh, North Carolina 27602

#### **North Carolina Department Of Veterans Affairs — Aids To The Blind**

**Service:** This program provides approved electronic and mechanical aids to the blind, and their necessary repair and replacement. Guide dogs, including the expense of training the veteran to use the dog, and the cost of the dog's medical attention are furnished by the Veterans Administration.

**Eligibility:** A veteran must be entitled to compensation for a service-connected disability and be blind in both eyes. However, the blindness itself need not be service-connected. The service is for veterans of the Spanish-American War, World War I, World War II, Korean conflict, and Peacetime Service.

**Contact:** Any Veteran's Administration Office  
Local Office of the North Carolina Department of Veterans Affairs

#### **Special Aids For The Blind**

**Service:** Blind persons may obtain many aids that will enable them to do by touch or hearing things that normally require sight—braille watches, braille writers, slates, styluses, timers, thermometers, tape measures, travel aids, etc. The American Foundation for the Blind offers a non-profit mail order service to provide these aids.

**Contact:** County Department of Public Welfare

#### **Special Financial Services**

**Service:** Special social security benefits, income tax exemptions, and travel concessions are available to any person visually handicapped to the extent that he cannot perform as a sighted person.

**Contact:** North Carolina State Commission for the Blind  
P. O. Box 2658  
Raleigh, North Carolina 27602

## VII. HOUSING AND REAL ESTATE LOANS

### HOME PURCHASE AND IMPROVEMENT

#### Farm Labor Housing Loans And Grants

**Service:** Insured loans and grants are made to finance low-rent housing for domestic farm laborers. Loans and grants may be used to build, improve, buy, or repair farm labor housing including facilities for kitchens, dining halls, and appropriate health and recreational facilities. Loans and grants also may be used to develop water, sewage disposal, heat, and light systems needed for the housing and other related facilities. Funds may be use to buy land on which labor housing projects will be located.

A loan to an individual farm-owner may not exceed the normal value of the farm as improved less other liens. A loan to an organization may not exceed the estimated replacement value of the completed housing financed with the loan or the cost of the construction, whichever is less. The Farmers Home Administration will make an appraisal of the security property to determine its value.

The applicant must furnish as much of the cash development cost as possible from its own resources, from any power it may have to levy taxes, assessments or charges, or from credit available from private and Government sources. It is expected that in no case will a grant be more than half the cost of a project.

The interest rate for loans is five percent a year on the unpaid principal. The maximum term is 33 years or the useful life of the security, whichever is less.

**Eligibility:** Loans — The applicant must be unable to provide the necessary housing from its own resources or with credit from other sources; have authority to obtain, give security for, and raise revenue to repay the loan; and have adequate initial operating capital, and after a project is completed, have the income needed for a sound operation. A loan may be made to a farm-owner, association of farmers, State or political subdivision, or nonprofit organization.

Grant — The applicant must be unable to provide the necessary housing from its own resources or with credit from other sources, including the Farmers Home Administration for a labor housing loan; have adequate initial operating capital, and after the project is completed, have income needed for a sound operation; and possess the legal capacity to contract for a grant. A grant may be made to a State or political subdivision or a broadly based nonprofit organization that intends to provide labor housing as a community service.

**Contact:** Farmers Home Administration County Office

**Farm Ownership Loans**

**Service:** These loans are made and insured to purchase farms not larger than family farms, enlarge undersized farms, improve farms including farm buildings, and to refinance debts. Farm ownership loans may not exceed the normal value of the farm and other security minus any debts against the property. Loans may not exceed the amount certified by the county committee. The loan plus other debts against the security property may not exceed \$60,000. Borrowers pay five percent interest per year on the unpaid principal balance, and loans may be scheduled for repayment over a 40-year period.

Loans may also be made to these farmers to produce trees and other forestry products, produce fish under controlled conditions, and to finance recreational enterprises which will supplement their farm income. The interest rate for forestry purposes under an approved forestry management plan is three percent, and annual installments may be deferred up to 15 years.

**Eligibility:** An applicant must be unable to finance the needed improvements with his own resources or with credit from other sources. The applicant, furthermore, must have either a farm background and farm experience, or sufficient training to be successful in the proposed farming operation.

**Contact:** Farmers Home Administration County Office

**Housing Loans For Rural Families With Low Incomes**

**Service:** These loans are made to help owner-occupants in rural areas who do not qualify for other housing loans finance the cost of repairing or improving their dwellings in order to make such dwellings safe and sanitary and remove health hazards; and repair farm service buildings which they own and personally use to remove hazards and make the buildings safe. Loan funds may be used for such purposes as repairing roofs, supplying screens, windows, and doors, providing toilet facilities, etc. The amount of the loan may not exceed \$1,500, and a promissory note is required as security. Borrowers pay five percent interest per year on the unpaid principal. Loans may be scheduled for repayment up to ten years.

**Eligibility:** An applicant must be the owner of the property and occupy the dwelling. He must be unable to provide the improvements from his own resources and be unable to obtain a loan elsewhere or qualify for a section 502 loan. Furthermore, the applicant must have sufficient income, including welfare payments to repay the loan, and have a good reputation for paying debts promptly; or, if the applicant's income is not sufficient to repay the loan, be able to obtain as co-signers one or more persons with sufficient income to assure repayment.

**Contact:** Farmers Home Administration County Office

**Relocation Housing: Loan Assistance**

**Service:** This is a special FHA-insured loan of 100 percent up to \$9,000 at five and one-half percent interest for as long as 40 years without a down payment other than \$200 closing costs. The loan is especially intended to finance relocation housing.

**Eligibility:** There are no financial need requirements to be eligible for the loan. This special program of loan assistance is for families displaced, or to be displaced, by governmental action, such as urban renewal, slum clearance, highway or streets, code enforcements, etc. Assistance is extended to ineligible over-income tenants in the public housing developments, since they become eligible for Relocation Housing because of being displaced or by the "threat of loss of occupancy," and this also applies if such a loss is reasonably expected to occur within a two-year period from the date of the application. (An example of this would be a tenant who receives regular salary increases, and a projection over a two-year period would show that he would be over-income for the housing development).

**Contact:** Local Public Housing Authority  
County Department of Public Welfare  
Local Loan Company

### **Rental and Co-Op Housing**

**Service:** Loans may be used to build, buy, improve, or repair rental housing designed to meet the needs of senior citizens who are capable of caring for themselves and for other low-or moderate income rural families. Housing may consist of apartment buildings, duplex units, or individual detached houses or cottages suitable for independent living. Funds may also be used to provide appropriate recreational and service facilities, to buy and improve the land on which the buildings are to be located, and to develop the water, sewage disposal, heat, and light systems needed for the housing.

Direct loans may be made to private nonprofit corporations or cooperatives. Insured loans may be made to individuals, trusts, associations, partnerships, cooperatives, and corporations, including municipal corporations or other corporate agencies of a State or local government.

A borrower obtaining a direct loan pays three percent interest on the unpaid principal. A borrower obtaining an insured loan pays five and three-fourths percent interest on the unpaid principal. Maximum repayment period for a direct loan is 50 years and an insured loan 40 years. A loan may not exceed \$300,000, less any other debts against the security, or the developmental cost, or the value of the security, whichever is least. The Farmers Home Administration will make an appraisal of the security property to determine its value.

**Eligibility:** Applicants must be able to incur the obligations of the loan, give adequate security, and have sufficient income for repayment. They must also have the ability and intention of maintaining and operating the housing for the purposes for which the loan is made. Loans are made only to applicants who are unable to finance the housing either with their own resources or with credit obtained from private or cooperative sources.

**Contact:** Farmers Home Administration County Office

### Rural Housing Loans

**Service:** These loans are made to construct, improve or repair rural homes and related facilities, or farm service buildings, or to provide water for farmstead and household use. In addition to major construction, funds are available to modernize homes, add bathrooms, central heating, etc., as well as to enlarge or remodel farm service buildings and put in related facilities such as yard fences and driveways.

A rural resident also may use loan funds to buy an existing house and lot or to buy a minimum adequate site on which to build his own home as well as to build or repair a home on land he owns. Loan funds may be used to refinance debts a family owes on its home when such action is necessary to help retain ownership.

There is no statutory limit on loans, but they average around \$10,000, varying in size depending upon the needs of the applicant. The interest rate is five percent per year on the unpaid principal to families with low and moderate incomes and six percent per year on unpaid principal to families with above moderate income. The maximum term is 33 years.

**Eligibility:** An applicant must own either a farm or nonfarm tract or be a rural resident who will become the owner of a minimum adequate building site when the loan is closed. A farm owner may borrow funds to finance housing for his own use as for the use of his tenants or laborers. An owner of a nonfarm tract or a rural resident may borrow funds only to finance housing for his personal use.

Rural housing loans are made only to applicants who are unable to obtain the credit they need from private and conventional lenders. Applications from eligible veterans are given preference. Both veterans and nonveterans, however, must meet the same requirements and qualifications for loans.

**Contact:** Farmers Home Administration County Office

## REAL ESTATE IMPROVEMENT

### Loans To Cooperatives

**Service:** This program provides 30 year, four and one-eighth percent loans to finance processing, marketing, purchasing and service type cooperatives that directly benefit low-income families living in rural areas. Some examples are packing, selling, and shipping products grown on member's farms; marketing items constructed in home-workshops of members; processing farm products; and wholesale buying of essential farm operating items.

**Eligibility:** Established or newly-formed cooperative associations made up of a membership two-thirds of whom are low-income families and which would serve predominantly families in this group.

**Contact:** Farmers Home Administration County Office

**Emergency Farm Loans**

**Service:** These loans are made for the purchase of feed, seed, fertilizer, replacement equipment and livestock; for other essential farm and home operating expenses; and for the replacement or repair of buildings, fences, drainage, and irrigation systems on individual farms that were damaged or destroyed by a disaster. Loans cannot be made for refinancing existing debts or to compensate applicants for their losses.

The interest rate is three percent. Repayment schedules depend on the purposes for which funds are advanced and on the estimate of the income of the applicant. However, loans for replacement of livestock and equipment are repayable over periods of up to seven years. Loans for the repair of buildings and other improvements to real estate are usually repayable over periods up to 20 years.

**Eligibility:** Loans are made only to an applicant unable to finance the needed improvements with his own resources or with credit from other sources. The applicant, furthermore, must be an established farmer or rancher and have reasonable prospects for success with the assistance of a loan.

**Contact:** Farmers Home Administration County Office

**Loans To Farm Families For Recreational Enterprises**

**Service:** These loans are aimed at helping farmers develop recreational enterprises that will supplement their income from farming. Funds may be used to develop land and water resources; repair and construct buildings; purchase equipment, livestock and related recreational items; and pay necessary operating expenses.

Some examples of recreational enterprises that may be financed are camping grounds, swimming facilities, tennis courts, riding stables, vacation cottages, lodges and rooms for visitors, lakes and ponds for boating and fishing, docks, nature trails, picnic grounds, and shooting preserves.

The statutory limit on short-term or intermediate credit is \$35,000; the limit on long-term loans is \$60,000. On loans secured by real estate, the repayment period may not exceed 40 years; on loans secured by chattels, the repayment period may not exceed seven years. The interest rate is five percent per year on the unpaid balance.

**Eligibility:** Loans are made only to an applicant unable to finance the needed improvements with his own resources or with credit from other sources. The applicant, furthermore, must have a farm background, and training or farm experience needed to be successful in the recreational enterprise.

The applicant must receive a portion of his income from farming and after the loan is made, be an owner or tenant operating not larger than a family farm.

**Contact:** Farmers Home Administration County Office

**Group Services For People In Small Town And Other Rural Areas**

**Service:** Financial assistance, in the form of a loan or grant, may be obtained for water, waste disposal, drainage, recreation, grazing, forestry, and other needed soil and water facilities.

A few examples are: (1) Community Water Facilities—assistance for development, storage, treatment, purification, and distribution of water; (2) Recreation Facilities loans for installment or improvement of rural community, out-door oriented recreational facilities, such as lakes, picnic areas, hunting and fishing areas, etc; (3) Watershed Loans for installing, repairing or improving, storage and conveyance of water for irrigation, drainage, municipal or industrial use, etc.

**Eligibility:** Loans and grants may be obtained by rural towns, both incorporated and unincorporated, rural communities, and nonprofit associations of farmers, and rural residents. The term "association" includes organizations generally designated as private corporations operating on a nonprofit basis and organizations generally designated as public or quasi-public agencies having power and authority to make available various services and facilities.

**Contact:** Farmers Home Administration County Office

**Loans To Individual Families**

**Service:** This program provides loans to low-income farm and nonfarm rural families who need capital to improve their earnings, but are unable to obtain credit elsewhere at reasonable rates and terms.

Farm families may use loans to purchase livestock and farm machinery, farm land, construct or improve buildings, develop water supplies, and to buy operating materials. Nonfarm families living in the country or small towns with populations not exceeding 5500 may use loans to finance a trade or service that will increase family income, such as pulpwood, repair shops, carpentry, plumbing, bricklaying, etc.

Borrowers pay four and one-eighth percent interest per year on the unpaid principal which can be made payable over periods up to 15 years. The total amount loaned to any one family may not exceed \$3500 at any given time and will be limited to the family's needs and ability to repay.

**Eligibility:** An applicant must have limited resources and income that is too low to cover basic family needs and be unable to obtain the necessary credit elsewhere and must be able to repay the loan. For nonfarm enterprises, evidence must be furnished that the intended service or product is not being adequately supplied by others in the community.

**Contact:** Farmers Home Administration County Office

**Operating Loans For Farmers**

**Service:** These loans accompanied by technical management assistance are made to operators of not larger than family farms. They are used primarily to

## 62 HOUSING AND REAL ESTATE LOANS

assist in making adjustments and improvements in necessary farm and home operations.

Operating loans may be used to buy cattle, hogs, other livestock; poultry; tractors, plows, sprayers, other farm equipment; food freezers, other home equipment; fencing; to make minor improvements to buildings and land; and to develop water supply systems for home use, livestock, and irrigation.

These loans may also be used to pay for farm and home operating expenses such as feed, seed, tractor fuel, lime, fertilizer, chemical spray, hired labor, hail and crop insurance, food, clothing, medical care and personal insurance.

When necessary to assure a sound operation, loan funds may be used to refinance debts other than real estate debts. Funds may also be used to purchase membership and stock in farm purchasing, marketing, and service-type cooperatives and certain types of recreational cooperatives.

Loans vary in size depending on the need, but there is a statutory limit of \$35,000. The interest rate is five percent annually on the unpaid principal.

Funds loaned for producing livestock and for real estate improvements may be scheduled for repayment over periods up to seven years and in some situations be renewed for an additional period not to exceed five years. Loans for equipment are generally scheduled for payment over periods up to five years.

**Eligibility:** Applicants must be 21 years of age or older. Loans are made only to an applicant unable to finance the needed improvements with his own resources or with credit from other sources. The applicant, furthermore, must have a farm background and the farm experience or training needed to be successful in the proposed farming operation. After the loan is made, an applicant must be an owner or tenant operating not larger than a family farm.

**Contact:** Farmers Home Administration County Office

### Water Development And Soil Conservation Loans

**Service:** These loans are made and insured to develop water supply and distribution systems for irrigation, household and livestock use, to drain farm land and to carry out soil and forestry conservation measures. Water development and soil conservation loans to individuals may not exceed the normal value of the farm and other security minus any debts against this property and may not exceed the amount certified by the county committee. Individual borrower's Farmers Home Administration loans plus his other debts against the security property may not exceed \$60,000. Borrowers pay five percent interest per year on the unpaid principal. Loans may be scheduled for repayment up to 40 years.

**Eligibility:** Loans to individuals are made only to an applicant who is unable to finance the needed improvements with his resources or with credit from other sources. The land to be improved must be recognized in the community as a farm rather than a rural residence. Applicants must be at least 21 years of age and be either a farm operator or a farm owner, a partnership that owns and operates a farm, or a domestic corporation engaged in farming.

**Contact:** Farmers Home Administration County Office

## VIII. SERVICES TO WORKERS

### JOB PLACEMENT

#### Farm Placement

**Service:** The Employment Security Commission recruits and places year-round and seasonal workers in agriculture and arranges interstate and intra-state movement of workers to jobs.

**Eligibility:** Anyone of legal employment age.

**Contact:** Nearest Employment Security Office

#### Job Placement And Development

**Service:** Employment Interviewers help the applicant with his job application and refer applicants to job openings only if they meet the requirements stated on the employer's job order. Interviewers match the applicant's qualification with existing jobs. Local office staff members also contact employers to develop jobs for available applicants.

**Eligibility:** Anyone of legal employment age.

**Contact:** Nearest Employment Security Commission Office

#### North Carolina Good Neighbor Council — Job Placement

**Service:** The Good Neighbor Council encourages the employment of qualified people without regard to race, religion, or national origin. In this aim, the Council's job placement representative seeks to place qualified Negroes in jobs, particularly in more than 43,000 positions available in State Government. He also serves as a liaison between applicants and business and industrial firms throughout the State.

**Contact:** North Carolina Good Neighbor Council  
P. O. Box 584  
Raleigh, North Carolina 27602

#### Neighborhood Youth Corps

**Service:** This program provides employment and training to assist underprivileged young people to remain or stay in school and to increase their employment potential. Jobs are in such areas as nurses' aids, orderlies, library assistants, etc. Enrollees are paid \$1.25 an hour and also receive counseling and guidance. Full-time students can work a maximum of 15 hours a week; those

## **64 SERVICES TO WORKERS**

not attending school are limited to a maximum of 32 hours a week and can obtain supplementary education after work hours.

**Eligibility:** Any student from a low-income family in the ninth through the twelfth grades and in need of money to remain in or return to school is eligible. For the on-the-job training program, the age eligibility is 16-21 years old.

**Contact:** County Department of Public Welfare  
(Local Community Action Program)

### **Services To Youth**

**Service:** The Employment Security Commission offers counseling, testing, and job placement of high school and college graduates and non-graduates. Students or other young persons may be placed in summer jobs and in regular part-time employment, including that of school supervised test programs. Cooperating with school officials, the local ESC administers aptitude tests to students. Youth Opportunity Centers function through the two ESC Special Services Centers.

**Eligibility:** Any young person legally qualified for employment.

**Contact:** Nearest Employment Security Commission Office

### **Services To Older Workers**

**Service:** Older workers receive service in employment counseling, selective placement, and individualized job development.

**Eligibility:** Anyone who, because of age, encounters difficulty finding or keeping a job.

**Contact:** Nearest Employment Security Commission Office

## **TRAINING AND COUNSELING**

### **Employment Counseling**

**Service:** Assistance is given to individual applicants to help them better understand job opportunities and demands so that they may realistically choose, change, or adjust to a vocation. Group counseling is another helpful aspect of this program where selected applicants are counseled on employment problems to help them make educated choices of employment. Applicants may also be referred to other agencies for training, further consultation or guidance.

**Eligibility:** Anyone of legal employment age. The counselee should be willing to freely discuss his motivation, work experience, and education with the qualified Employment Counselor.

**Contact:** Nearest Employment Security Commission Office

COMPREHENSIVE COMMUNITY COLLEGE SYSTEM — See Section II, Page 23.

### Human Resources Development

**Service:** Two "Special Services Centers" in North Carolina, working as a part of the Employment Security Commission offices in Winston-Salem and Durham, offer extensive out-reach services to disadvantaged persons, providing counseling, testing and referral to vocational training. This HRD concept will be extended through all ESC offices.

**Eligibility:** Persons considered educationally deficient; handicapped; prison releasees; draft rejectees; workers over 45 years old, hardcore unemployed; member of minority groups who are unemployed or underemployed; youth between 16 and 22 out of school and unemployed; and individuals whose annual income is less than \$1500 in non-farm employment and less than \$1090 in farm employment.

**Contact:** Nearest Employment Security Commission Office

### Manpower Training

**Service:** Using grants provided by the Federal Manpower Development and Training Act and the Rural Area Redevelopment Act, the Employment Security Commission determines local shortage occupations. A training proposal is submitted for Federal-State approval. The ESC then recruits persons to take training, pays training allowances to eligible persons, and provides job placement service after enrollees complete training. The Department of Community Colleges gives enrollees instruction. Training can last up to 52 weeks, and is given in shortage occupations such as machinists, stenographers, bricklayers, nurse aides, mechanics, and others. Tuition and books are provided free of charge.

**Eligibility:** Anyone at least 16 years old who is unemployed and who desires training for employment may request manpower training. All counties are eligible for programs and the trainee does not have to reside in the county offering courses. Eligibility of allowance payments is determined at the local level on an individual basis. At least 65 percent of the funds granted under the Manpower Development and Training Act must go to train the "disadvantaged."

**Contact:** Nearest Employment Security Commission Office

### Testing For Employment

**Service:** Clerical, typing, and aptitude tests are given job applicants at the local Employment Security Commission offices to determine the applicant's skill and job talents. Test results are used as a basis of job referral.

**Eligibility:** Anyone of legal employment age.

**Contact:** Nearest Employment Security Commission Office

## 66 SERVICES TO WORKERS

### Job Corps

**Service:** Eligible male candidates are sent to one of the various Job Corps Residential Centers to improve their reading and writing ability; in most cases, a vocation is learned. Trades taught in centers include small engine repair, welding, landscaping, automobile mechanics, data process operation, and business machine repair. Each Corpsman is provided with room and board, and \$30 a month can be earned as spending money. After completion of a course, each boy is assisted in locating a job.

**Eligibility:** Most high school dropouts between the ages of 16 and 21 who do not have extensive records of antisocial behavior will be eligible for the program, provided they come from families who are unable to provide them with the proper encouragement and education.

**Contact:** North Carolina State Department of Public Welfare  
Job Corps  
P. O. Box 2599  
Raleigh, North Carolina 27602

VOCATIONAL EDUCATION IN PUBLIC SCHOOLS — See Section II, Page 25.

## SERVICES TO VETERANS

### Federal Civil Service Preference

**Service:** Special privileges and preferences are given to veterans in employment with the Federal government. An eligible veteran may receive points added to a passing score in competitive examinations for jobs in Federal Civil Service. Certain jobs, such as guard, elevator operator, messenger, and custodian, will be restricted to veterans as long as veteran applicants are available. A veteran will take precedence for employment on Civil Service registers of all eligible applicants. Any time an agency passes over a veteran to hire a non-veteran, the Civil Service Commission will review the decision. A veteran's family is exempt from the law prohibiting Federal employment to more than two members of a family residing in the same household. A veteran will also receive preference when the agency where he is employed reduces its force.

**Eligibility:** A five-point preference on civil service examinations is given to a veteran who has been discharged or released under honorable conditions. A ten-point preference is given to a veteran who has been discharged or released under honorable conditions and who has received the Purple Heart or has a service-connected disability. A veteran's wife, widow, or mother may also be eligible for preference.

**Contact:** Local Federal Civil Service Representative in the Post Office.

### Preference In Job-Finding Assistance

**Service:** Veterans are given priority for referral to appropriate training programs and/or job openings with first consideration given to disabled veterans.

There is a State Veterans' Employment Representative in each State to supervise veterans' employment activities. Special services are also provided in the local State Employment Service by a local Veterans' Employment representative.

**Eligibility:** Any veteran who was not dishonorably discharged and who is able to work is eligible.

**Contact:** Local Office of the Employment Security Commission

### **Reemployment Rights**

**Service:** After a certain number of years in service, a veteran may return to his former job in private employment or with the State or Federal Government or to a job of like seniority status or pay.

**Eligibility:** A veteran must have left a permanent job, and, upon return, must be able to perform the duties of this former job.

**Contact:** Local Office of the Employment Security Commission  
(which in turn contacts the Department of Labor's Bureau of  
Veterans' Reemployment Rights)  
United States Civil Service Commission in the local Post Office

## **UNEMPLOYMENT INSURANCE**

**Service:** In addition to the employment services available to the jobless workers, unemployment insurance benefit payments are available if they meet the requirements of the State's Employment Security Law. A worker may receive weekly cash benefits from a minimum of \$12 to a maximum of \$42 for 26 weeks of total unemployment. Payments are determined by the amount of the wages or salary earned by the worker while in covered employment.

**Eligibility:** To become eligible for unemployment insurance, a worker must be employed by an employer covered by the Employment Security Law. To qualify for the minimum payments, the worker must have earned at least \$550 during the first four of the last six completed calendar quarters, and 20 percent of his wages must have been received in other than the high quarter. To qualify during unemployment, the worker must register for work with the local Employment Security Commission office, be ready, able, and willing to work. He must himself seek employment. He must file a claim with the local ESC each week during his unemployment. There is no age limitation, no needs test, no resident requirements. Benefits available in one state may be filed for through the Unemployment Insurance facilities of another state. About 60 percent of the total North Carolina labor force is covered by unemployment insurance.

**Contact:** Nearest Employment Security Commission Office

**TAX INFORMATION REGARDING FEDERAL AND STATE TAXES**

**Service:** Free assistance with tax problems and help with completing tax forms is available at any Internal Revenue office.

**Eligibility:** This service is provided without charge to anyone requesting it. Older persons and disabled persons who have special problems concerning exemptions are requested to take advantage of this service.

**Contact:** Postmaster or Clerk of Superior Court in county of residence for information regarding location of nearest office.

## IX. SERVICES FOR THE COMMUNITY

### CIVIL DEFENSE

#### Civil Defense Educational Services

**Service:** The North Carolina Civil Defense Agency, in conjunction with other State departments, offers courses such as "Medical Self-Help" and "Education for Living in the Nuclear Age," which are designed to inform individuals about appropriate actions in time of civil defense emergencies.

In addition, the University of North Carolina Extension Civil Defense Training Program at Chapel Hill offers a number of more specialized courses designed to prepare individuals for assuming positions of leadership and responsibility in time of emergency.

**Contact:** For information concerning "Medical Self-Help," contact

Mr. Samuel J. Haekins, Chief  
Emergency Health Preparedness  
State Board of Health  
P. O. Box 2091  
Raleigh, North Carolina

or

Local Civil Defense Director

For information concerning "Education for Living in the Nuclear Age," contact

Mr. George Maddrey  
Civil Defense Adult Education Program  
Department of Public Instruction  
Raleigh, North Carolina

Civil Defense Training Program  
University of North Carolina  
Chapel Hill, North Carolina

#### Operational Survival Plan

**Service:** The North Carolina Civil Defense Agency, in cooperation with other State and Federal agencies and private individuals and businesses, defines action to be taken before, during, and after a war emergency or natural disaster. The Plan assures the continuance of government in time of such an emergency. With the main emphasis placed on the availability and efficient use of fallout shelters, the Plan also provides such things as emergency medical service, rescue service, emergency training service, as well as the countless other services that government must provide when confronted with such situations.

A major concern of the Operational Survival Plan is the development of a Community Shelter Planning Program. Such a program has been in effect since March of 1966. The program's objective is to provide adequate shelters for all citizens in all communities, both rural and urban. Where actual shelters are not at present available, the Program is designed to inform individuals about emergency measures that can be taken to provide the best possible protection against the threat of nuclear fallout.

**Contact:** For more information concerning these programs and the role that an individual can play in them in time of emergency, contact the Civil Defense Agency at either the State or local level.

### COMMUNITY ACTION PROGRAMS

**Service:** Community Action Programs enable communities to attack their local poverty problems in a positive and coordinated manner. The programs, developed and administered by the community, may include neighborhood service centers, job training and development, housing services, health centers, and legal services. Funds are available under Title II of the Economic Opportunity Act for urban and rural areas and Indian reservations. The Federal government can provide up to 80 percent of the cost of the programs (100 percent in the case of the very poorest communities), as well as provide technical assistance. In addition, funds are available for research and pilot projects and for training CAP workers. (For further information on specific Community Action Programs, see "Upward Bound," Section II, page 22, and "Project Head Start," Section 1, page 20).

**Eligibility:** Any public or private non-profit agency can apply for funds. Federal assistance depends on the community's willingness to (1) mobilize its own resources; (2) develop programs that give promise of eliminating poverty; and (3) enlist the poor themselves in developing and carrying out the programs.

**Contact:** Local Office of Economic Opportunity  
or  
Community Action Programs  
Office of Economic Opportunity  
Washington, D. C. 20506

### COMMUNITY SERVICES CONSULTANTS

**Service:** The basic purpose of this demonstration in community organization is to find ways to eliminate the conditions that create social problems and poverty. At the height of full employment during its three-year experimental phase (which ended in June 1967), 22 Community Services Consultants served counties, either in a single county or a multi-county placement.

Future planning will focus on 25 Consultants serving all North Carolina's 100 counties, principally on a regional basis. Their main duty will be offering

consultation in community organization to county departments of public welfare. Additionally, consultation will be available to other divisions of the North Carolina State Department of Public Welfare and other public agencies, State and local.

Continued emphasis will be placed upon more effective use of existing resources, coordination of efforts of various groups, interpretation of agencies' programs and planning for new resources where the need exists.

**Contact:** Community Services Section  
North Carolina State Department of Public Welfare  
P. O. Box 2599  
Raleigh, North Carolina 27602

### NORTH CAROLINA GOOD NEIGHBOR COUNCIL — GENERAL SERVICES

**Service:** The purposes and objectives of the Council are: (1) to study problems in the area of human relations; (2) to promote equality of opportunity for all citizens; (3) to promote understanding, respect, and good will among all citizens; (4) to promote channels of communication; (5) to encourage the employment of qualified people without regard to race, religion, or national origin; (6) to encourage youth to be better trained and qualified for employment; (7) to enlist the cooperation and assistance of all State and local governmental officials in the attainment of the objectives of the State Council.

In connection with these objectives, the State Council has worked with Local Councils (1) in attempting to resolve racial problems at the conference table, (2) in meeting with various organizations to encourage a climate of understanding, and (3) in making on-the-spot visits to racially troubled areas and, through mediation, opening and reopening lines of communication. The Council also sponsors workshops and conferences on employment, school desegregation, law enforcement, and other areas of interest related to race relations.

**Eligibility:** All citizens are encouraged to request the services of the Good Neighbor Council and its local councils and area affiliates throughout the State.

**Contact:** The North Carolina Good Neighbor Council  
P. O. Box 584  
Raleigh, North Carolina 27602

### PUBLIC HOUSING

**Service:** The primary purpose of the low-rent housing program is to assist communities, through Local Housing Authorities, to provide decent, safe, and sanitary dwellings at low rents for families of low income. The general practice assumes that a family can afford to pay a certain percentage of family income for rent — approximately one-fifth if there are less than three minor dependents and one-sixth if there are three or more minor dependents. Monthly rent in-

## 72 SERVICES FOR THE COMMUNITY

cludes all utilities. Rental charges have no relation to the size of the dwelling but are based on net annual family income.

**Eligibility:** Persons eligible for admission to public housing are only those applicants (1) who qualify as a family, defined to mean two or more persons of a cohesive family group or an elderly family or person (age 62) or one who is under a disability as defined in the Social Security Act; (2) whose net family income does not exceed the applicable income limits; (3) who are living in unsafe, insanitary or overcrowded dwellings, who are to be displaced by action of a public body, who actually are without housing, or who are about to be displaced due to causes other than the fault of the applicant.

The conditions for continued occupancy are that the family income must not exceed the appropriate income limits for continued occupancy and that the family must conform to occupancy limits.

**Contact:** Local Public Housing Authority  
County Department of Public Welfare (for referral)

### TECHNICAL ACTION PANELS

**Service:** Technical Action Panels will provide professional advice and help to rural individuals or organized groups who seek to avail themselves of the benefits of any State or Federal assistance program. Through these Panels, rural individuals or groups can establish direct contact with any government agency at local, State or National levels. State and County Panels will also utilize their facilities to transmit and distribute pertinent State and Federal informational material to rural individuals and communities. Leadership and technical assistance will also be provided by the Panels to rural communities engaged in developmental activities.

**Eligibility:** Any rural resident, group, or organized community is eligible to receive, at no cost, any of the services offered by Technical Action Panels.

**Contact:** Any county office of the Farmers Home Administration, Soil Conservation Service, Agricultural Stabilization and Conservation Service, or Federal Extension Service.

## **X. LEGAL AID SERVICES**

### **CIVIL CASES**

**Service:** Legal services are typically provided in domestic relations, child custody, child support, adoption, landlord and tenant, employer and employee, and related problems. The assistance furnished ordinarily consists of advice or, if necessary representation in court.

**Eligibility:** Eligibility is determined by each County Bar Association Legal Aid Committee. The client is expected to pay according to his ability.

**Contact:** County Department of Public Welfare  
Local County Bar Association

### **CRIMINAL CASES**

**Service:** There is a state-wide statutory program which provides for the appointment of attorneys to represent indigent defendants in the Superior and District Courts of North Carolina; many Recorder's Courts also appoint attorneys.

**Eligibility:** The Judge of the Court in which the defendant is to be tried determines eligibility. No fee is required, but a judgment is docketed against the defendant for any award to his attorney.

**Contact:** Clerk of the Court where the defendant is required to appear.

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